miR-194-5p protects against myocardial ischemia/reperfusion injury via MAPK1/PTEN/AKT pathway

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Background: MicroRNA (miRNA), which participates in various physiological and pathological processes, is a highly conserved small RNA sequence. This study aimed to investigate the role of miR-194-5p in hypoxia/reoxygenation (H/R)-induced cardiomyocyte apoptosis and myocardial ischemia/reperfusion (I/R) injury.

Methods: We set up an H/R H9c2 cell model in vitro and an I/R mouse model in vivo. Then, cell vitality, apoptosis, and histopathological evaluation were conducted. Reactive oxygen species (ROS) generation and the activity of superoxide dismutase (SOD) and malondialdehyde (MDA) were examined by 2',7'-Dichlorodihydrofluorescein diacetate (H2DCFDA), and enzyme-linked immunosorbent assay (ELISA), respectively. The level of creatine kinase isoenzyme (CK-MB), cardiac troponin I (cTnI), myoglobin (Mb) is examined by ELISA. The expression of Caspase-3, cleaved-Caspase-3, Bax, Bel-2, phosphatase and tensin homolog deleted on chromosome ten (PTEN), and protein kinase B (AKT) was analyzed by western blot.

Results: Data showed the expression of miR-194-5p was decreased in H/R-induced H9c2 cells and I/R-induced mouse. Conversely, overexpression of miR-194-5p could improve cardiomyocyte damage in ischemic models in vivo and in vitro. Furthermore, mitogen-activated protein kinase 1 (MAPK1) was found as a direct target of miR-194-5p, which negatively regulated the expression of MAPK1. The up-regulation of MAPK1 inhibited the myocardial protection previously observed by miR-194-5p.

Conclusions: Our study shows overexpression of miR-194-5p protects against H/R injury in vitro and cardiac I/R injury in vivo, which involves the inhibition of cardiac apoptosis and oxidative stress by targeting MAPK1 expression via PTEN/AKT pathway. These findings supply novel insights into potential therapeutic targets for cardiovascular diseases.

Keywords: MicroRNA; apoptosis; myocardial injury; oxidative stress

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accompanied by myocardial I/R damage, causing apoptosis or necrosis of cardiomyocytes, and cardiac arrest (5). Therefore, effective methods to prevent and mitigate I/R injury have become the main topic in myocardial protection research.

MicroRNAs (miRNAs) are a short, highly conserved non-coding RNA fragment that can effectively disturb protein translation by negatively regulating gene expression through mRNA splicing (6). A wealth of evidence suggests miRNA are potential and viable candidates of clinical biomarkers for the detection and screening of human diseases (7,8). miRNA can endure repeated freeze-thaw cycles, hemodialysis, and even nuclease digestion (9), which play an essential role in the pathophysiological process of cardiovascular disease and myocardial I/R injury (10). Although miR-194-5p has been shown to have anti-inflammatory (11,12) and anti-tumor effects (13), its regulatory mechanism in cardiovascular disease is still unclear.

In the present study, we developed a cardiomyocyte H/R model and a mouse I/R model to evaluate early ideal biomarkers in AMI patients. We sought to explore the potential therapeutic role of miR-194-5p in myocardial injury. We present the following article in accordance with the ARRIVE reporting checklist (available at http://dx.doi.org/10.21037/atm-21-807).

Methods

Cell culture

H9c2 cells were obtained from China Center for Type Culture Collection (CCTCC, Wuhan, China), and cultured in DMEM, high glucose, medium (Gibco, CA, USA) supplemented with 10% FBS (Gibco) and 1% Penicillin-Streptomycin liquid (Gibco) in a 5% CO\textsubscript{2} incubator (Thermo, Waltham, USA) at 37\textdegree C.

Hypoxia/reoxygenation (H/R) model

H9c2 cells were cultured in DMEM medium (Gibco) supplemented with 10% FBS (Gibco) under anaerobic conditions (95% air, 5% CO\textsubscript{2}, 37\textdegree C). Post 48 hours. The cells were exposed to 95% N\textsubscript{2}, 5% CO\textsubscript{2}, and 1% O\textsubscript{2} serum-free DMEM without glucose and sodium acetate at 37\textdegree C for 24 hours. Subsequently, cells were reoxygenated to mimic ischemia-induced cardiomyocyte injury by incubating 37\textdegree C with DMEM containing 10% in 95% air and 5% CO\textsubscript{2} for 12 hours.

In vitro transfection

H9c2 cells were seeded in a 6-well plate. Following the manufacturer’s instructions, miR-194-5p-mimic/NC (Sangon, Shanghai, China), or pcDNA-MAPK1 (GenePharma, Shanghai, China) was transfected into these cells using Lipofectamine\textsuperscript{TM} 2000 Transfection Reagent (Invitrogen, Carlsbad, USA), followed by incubation with 5% CO\textsubscript{2} at 37 \textdegree C for 6 hours. Finally, the transfected cells are used to H/R exposure and evaluate their transfection efficiency.

Cell viability

H9c2 cells (20 µL) were inoculated on a 96-well plate at a density of 1x10\textsuperscript{3} cells/well. After three days, 20 µL of MTT solution (5 mg/mL, PH 7.4) was added to each well and incubated for four hours at 37\textdegree C. Then, the supernatant was removed, and 150 µL DMSO was added to dissolve the crystals fully. The absorbance at 490 nm was measured using a Multiskan Sky microplate reader (Thermo, Waltham, USA).

Flow cytometry

The percentage of early apoptosis rate was decided using the Apoptosis Detection Kit (Vazyme, Nanjing, China). Succinctly, the designed H9c2 cells were plated in 24-well plates for 48 hours. Then, the cells were harvested and co-stained with 5 µL FITC and 1 µL PI for 15 minutes at room temperature in the dark. A flow cytometer measures the cellular fluorescence (Thermo).

Quantitative real-time PCR (qRT-PCR)

Total RNA was extracted from cardiac tissues or myocardial cells using TRIzol reagent (Invitrogen). The primer sequences were designed from Sangon and listed as below: miR-194-5p, F 5’-CTAGTACCTAGGACCTTTTGAGACTTGTTACAGCTCAGCA-3’, R 5’-AGCTTGCTGAGCTGTAACAGTCTTCAAAGGTTCCTCTAGGTA-3’; MAPK1: F 5’-TTTCCTCTGGATCAGCGTGT-3’, R 5’-TGAGATGTCGGGGCTTCTTT-3’; GAPDH: F 5’-ACCACAGTCCATGCCATCAC-3’, R 5’-TCCACCACCCTGTTGCTGT-3’; U6:
F 5'-ACCCTGAGAAATACCCTCACAT-3', R 5'-GACGACTGAGCCCCTGATG-3'. RNA was reversed into cDNA by a cDNA Synthesis Kit (TaKaRa, Tokyo, Japan). Quantitative amplification was performed using the QuantStudio™ 6 Flex system (Thermo). The 2^ΔΔCT mean (14) was conducted to calculate the relative quantification. GAPDH and U6 as internal control.

Ischemia/reperfusion (I/R) model

Healthy male c57BL6/J mice (8 weeks old, 18–22 g) were obtained from the Animal Experiment Center of Sichuan University (Chengdu, China). Animal protocols in this study were approved by the Animal Care and Use Committee of First People's Hospital of Shangqiu City. They are placed in an environment of 25 °C and 60% humidity with a 12-hour light/dark cycle. All steps were approved by and conducted following the Guide for the Care and Use of Laboratory Animals (15). An I/R mouse model (16) was set up by ligating the left anterior descending coronary artery (LAD). The mice were anesthetized with 2% isoflurane (RWD, Kent, USA) and fixed to the operating table. We opened the left thoracic cavity to expose the heart and ligate 30 minutes around the LAD with a 6-0 silk suture, then reperfusion 180 minutes. Do the same procedure without LAD for the sham group. Ligation tissue and serum samples were collected 24 hours after induction I/R, the tissue and serum samples were collected for in vivo study.

In vivo transfection

miR-194-5p adeno-associated virus (AAV) vectors were constructed by OBiO (Shanghai, China), of which reference sequence as below: 5’-UGUAACAGCAACUCCAUGUGGA-3’. AAV scrambled control (AAV-SC) as a control, of which sequence as below: 5’-UUCUCCGAACGUGUCACGUU-3’. 2 weeks before I/R induction, miR-194-5p AAV and AAV-SC were intravenously injected into the tail vein (17). Mice were divided into four groups (n=8): Sham, I/R, I/R + AAV-SC, and I/R + AAV.

Enzyme-linked immunosorbent assay (ELISA) assay

Cell supernatants and serum samples were centrifuged and collected, the quantification of SOD and MDA were detected using commercial ELISA kits (Thermo), according to the manufacturer's instructions.

Reactive oxygen species (ROS) generation

The ROS production was measured as described before (18). H9c2 cells were seeded into a 12-well plate and then treated with 5 mmol/L N-acetyl-L-cysteine (NAC, Invitrogen) for 1 hour. Then, the medium was replaced with serum-free medium, and 10 μM DCFH-DA (Sigma) was added to incubate cells in the dark for 20 minutes at 37 °C. Finally, the treated cells were washed with PBS, a flow cytometer that immediately assessed DCF fluorescence (Thermo) and analyzed by FlowJo™ software (Becton, Dickinson & Company, New Jersey, USA).

Hematoxylin and eosin (HE) staining

The mouse's heart tissue was fixed in 10% buffered formalin and embedded in paraffin. The 4-μm sections were then stained with a HE solution for the pathological analysis. Confocal microscopy (Leica, Wetzlar, Germany) was used to examine the changes in the tissue structure of the complex.

TdT-mediated dUTP nick end labeling (TUNEL) staining

After the paraffin sections were deparaffinized and hydrated, which were treated 30 minutes with DNase proteinase K (Thermo), the sections were stained and were performed with FragEL™ DNA Fragmentation Detection Kit (Millipore, Massachusetts, USA). Five visible areas were randomly selected under the Leica microscope, and the number of apoptotic cells was counted.

Western blot

Total protein was lysed with radioimmunoprecipitation (RIPA) buffer (Beyotime, Haimen, China). According to the manufacturer's instructions, a BCA protein assay kit quantified the protein concentrations (Abcam, Cambridge, UK). Then about 50 μg proteins separate using 12% SDS PAGE gels and transferred onto polyvinylidene fluoride (PVDF) membranes. Post blocking with 5% non-fat milk for 30 minutes at 4 °C, the membranes were incubated with primary antibodies as below: MAPK1 antibody (#9108, CST), Bcl-2 antibody (ab59348, Abcam), Bax antibody (ab32503, Abcam), Cleaved-Caspase-3 antibody (ab184784, Abcam), PENT antibody (#9188, CST), p-AKT antibody (#4060, CST), and AKT (#4691, CST). The next day, the membranes were incubated with the matching secondary antibody one hour at room temperature. Finally, the bands
were exposed with enhanced ECL reagents (Sangon). β-actin as the internal control.

Statistical analysis
P<0.05 was considered a statistically significant difference. SPSS performed statistical analysis 22.0 (IBM, Armonk, USA), and data were presented as the mean ± SEM. The student’s t-test analyzed comparison difference or one-way ANOVA, followed by Tukey’s post hoc test.

Results
Down-regulation of miR-194-5p and up-regulation of MAPK1 in H/R-induced H9c2 cells
Post H/R induced h9c2 cells; the mRNA expression of miR-194-5p was markedly lower than the control group (Figure 1A). Then we detected the MAPK1 expression using qPCR and western blot, respectively. As shown in Figure 1B, the mRNA level of MAPK1 was markedly higher. Similarly, the protein level of MAPK1 was increased compared with the control group (Figure 1C).

miR-194-5p directly targeted MAPK1 in H/R-induced H9c2 cells
TargetScan tool showed the target sites between miR-194-5p and MAPK1 (Figure 2A). As shown in Figure 2B, the luciferase activity of wt 3’-UTR-MAPK1 reduced, but mut 3’-UTR-MAPK1 luciferase activity hardly changed. Furthermore, miR-194-5p mimic was transfected into H/R-induced H9c2 cells for 24 hours, and the expression of
miR-194-5p was elevated (Figure 2C), the mRNA level of MAPK1 was significantly decreased (Figure 2D), which was consistent with the protein changes of MAPK1 (Figure 2E).

High expression of miR-194-5p promotes cell viability and inhibits apoptosis in H/R-induced H9c2 cells

Compared with the control, H9c2 cells exposed to H/R markedly reduced cell viability, and overexpression of MAPK1 further reduced cell viability. Delightful, elevated miR-194-5p significantly increased the cell viability of H9c2 cells (Figure 3A). We then used flow cytometry to examine the effect of miR-194-5p transfection on H/R-induced H9c2 cell apoptosis. As shown in Figure 3B,C, the apoptotic rate of H9c2 cells conspicuously increased after H/R or H/R+MAPK1, compared with control. However, the miR-194-5p mimic decreased cardiomyocyte apoptosis. Moreover, the labeled protein of apoptosis (Caspase-3, Bax, and Bcl-2) was detected by western blot, and the expression of cleaved-caspase-3 and the value of Bax/Bcl-2 was significantly decreased (Figure 3D).
High expression of miR-194-5p blocked H/R-induced oxidative stress

As shown in Figure 4A,B, the levels of SOD and MDA were also examined by ELISA. The result showed that SOD activity decreased, and the activity of MDA increased post H9c2 cells exposed to H/R or MAPK1 overexpression, compared with control. Also, H/R exposes stimulated ROS generation (Figure 4C). However, the activity change of these markers was reversed by miR-194-5p transfection (Figure 4A,B,C,D).
High expression of miR-194-5p attenuates H/R injury via MAPK1/PTEN/Akt signaling pathway in H9c2 cells

To explore the relationship between miR-194-5p and signaling pathway in H/R-treated H9c2 cells, the expression of MAPK1, PTEN, and p-AKT were evaluated by western blot. Western blot results (Figure 5A,B) showed that H/R treatment increased MAPK1 protein expression, which was reversed by miR-194-5p mimic. Next, the effects of miR-194-5p on PTEN/AKT pathway were further investigated. Compared with H/R group, miR-194-5p mimic obviously decreased PTEN expression and increased p-AKT/AKT ratio (Figure 5A,C,D).

Down-regulation of miR-194-5p and up-regulation of MAPK1 in I/R-induced myocardial tissues

Compared with the control group, the mRNA expression of miR-194-5p was markedly lower (Figure 6A). Similarly, we also detected the MAPK1 expression at the mRNA and protein levels, respectively. As shown in Figure 6B,C, the mRNA level of MAPK1 was markedly higher, and MAPK1 protein was increased, compared with the control group.

High expression of miR-194-5p alleviated I/R injury in mice

To further confirm the myocardial protective role of miR-194-5p in vivo, we established a mouse model of I/R injury after miR-194-5p-AAV injection. As shown in Figure 6D,E,F, the expression of cTnI, CK-MB, and Mb were conspicuously increased following I/R. However, miR-194-5p overexpression significantly decreases the serum level of these markers. As shown in Figure 7A, compared with the complete morphological structure of the control group, I/R caused myocardial fiber breakage, cellular edema, and neutrophil infiltration. As expected, high expression of miR-194-5p repaired...
myocardial tissue injury. As shown in Figure 7B, we used the TUNEL method to detect the apoptotic rate of myocardial tissue. Compared with the control group, the number of apoptotic cells increased significantly after I/R. Conversely, elevated miR-194-5p reduced the number of apoptotic cells in myocardial tissue. Still, the protein expression of Caspase-3, Bax, and Bcl-2 was detected by western blot. The result showed that the cleaved-Caspase-3 expression and the value of Bax/Bcl-2 was significantly decreased after miR-194-5p AVV transfection, compared with I/R (Figure 7C, D). Additionally, Compared with control, SOD decreased (Figure 7E), and MDA (Figure 7F) increased following I/R, but miR-194-5p AVV reversed these changes. Also, compared with I/R, we also found that miR-194-5p AVV decreased the PTEN expression and increased p-AKT/AKT ratio (Figure 7G). These results, together, indicate that miR-194-5p plays an important role in cardiomyocyte injury in I/R mice.

Discussion
At present, elucidating the molecular mechanism of cardiovascular disease is an urgent clinical challenge. To the best of our knowledge, this is the first time to provide evidence that abnormal expression of miR-194-5p may be mediated by myocardial ischemic injury, and overexpression of miR-194-5p protects against cardiac injury in vivo and in vitro. This study suggests miR-194-5p confers cardiac
Ischemic heart disease is a common disease in the clinical cardiovascular system (19). Various methods of revascularization can effectively improve myocardial damage or necrosis caused by ischemia (3). Unfortunately, so far, there is no effective clinical strategy to avoid the risk of reperfusion injury, limiting the prognosis of coronary heart disease treatment. Furthermore, miRNA expression changes abnormally in pathological stimulation or tissue injury (20). Increasingly evidence shows miRNA participates in the regulatory process of ischemic injury (10,21). Nevertheless, the biological role of miR-194-5p in cardiomyocytes is still poorly understood. In this study, we found miR-194-5p expression was decreased both in H9c2 cells exposed to H/R and in cardiomyocytes of a mouse I/R model. In addition, our study also showed that up regulation of miR-194-5p could protect cardiomyocytes from apoptosis and oxidative stress in vivo and in vitro.

Apoptosis is an essential physiological feature of early I/R (22), which triggers more severe myocardial injury and heart failure (23). Apoptosis is a process of programmed cell death; Bcl-2 family members mediate apoptosis by controlling the mitochondrial membrane (24). We found miR-194-5p up-regulation could protect cardiomyocytes...
from apoptosis in vivo and in vitro through flow cytometry and TUNEL staining, the expression of cleaved-caspase-3, and the value of Bax/Bcl-2 was significantly decreased. During I/R injury, excessive ROS generation accompanies reperfusion, which leads to further myocardial injury (25).

In our study, we evaluated the level of oxidative stress, including increased MDA and decreased SOD after reperfusion (26). Up-regulation of miR-194-5p led to the decrease of SOD activity, the increase of MDA activity, and the inhibition of ROS production. These results further
confirmed the cardiac protective effect of miR-194-5p in vitro and in vivo.

Mitogen-activated protein kinases (MAPKs) are a family of serine/threonine protein kinases, which mediate fundamental biological processes and cellular responses to external stress signals, including proliferation (27), apoptosis (28), or inflammation (29). Specifically, our study proved that MAPK1 is a functional target gene of miR-194-5p. Nevertheless, since the mediating effects of miRNA on gene expression are specific, it is unclear whether MAPK1 continues to act as a target gene of miR-194-5p during H/R or I/R processes. Our results clearly showed miR-194-5p regulated MAPK1 expression in cardiomyocytes, explaining the effects of miR-194-5p mediated cardiac protection. PTEN is a tumor suppressor that has been extensively studied (30). The MAPK pathway (31) and PI3K/AKT pathway are its downstream signaling pathways (32). After dephosphorylation of most PTEN, the cell cycle is blocked in the G1 phase through the PI3K/AKT pathway (32). According to reports, the PI3K/AKT pathway is involved in a variety of cardiovascular diseases, regulating survival, proliferation, apoptosis, and cardiomyocyte hypertrophy and contraction (33). On the other hand, the activation of PTEN/AKT signal can reduce oxidative stress damage and reduce cardiomyocyte apoptosis in myocardial injury (34,35). Our results showed that miR-194-5p inhibits MAPK1 and PTEN expression, enhances AKT phosphorylation in H/R or I/R. Additionally, MAPK1 overexpression reversed the effect of miR-194-5p on PTEN and AKT expression, indicating miR-194-5p protects against cardiomyocyte injury through MAPK1/PTEN/AKT pathway in vivo and in vitro.

Conclusions

Hence, miR-194-5p played a pivotal role in cardiac injury; our study supplied a new biochemical index for the treatment of cardiovascular disease. Although we found that miR-194-5p overexpression could inhibit the phosphorylation activity of p65 in vivo, its potential molecular mechanism still needs further research.

Acknowledgments

Funding: None.

References


(English Language Editor: J. Chapnick)