

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	Page 1 / line 1	Title
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 4 / line 58-78	Abstract
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 6 / line 85-89	Introduction
Objectives	4	Specify the key question(s) identified for the review topic.	Page 6 / line 89-93	Introduction
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 6 / line 95-101	Methods
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 6-24 / line 103-498	Narrative
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 24-25 / line 500-511	Conclusions

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.