Establishment of multiplex allele-specific blocker PCR for enrichment and detection of 4 common EGFR mutations in non-small cell lung cancer

Hongyuan Chen¹#, Jie Zhang²#, Hong-Yan Chen¹, Bo Su², Daru Lu¹

¹State Key Laboratory of Genetic Engineering, School of Life Sciences, Fudan University, Shanghai, China; ²Department of Oncology, Shanghai Pulmonary Hospital, Tongji University School of Medicine, Shanghai, China

Contributions: (I) Conception and design: H Chen, HY Chen, D Lu; (II) Administrative support: B Su, D Lu; (III) Provision of study materials or patients: J Zhang, B Su; (IV) Collection and assembly of data: H Chen, J Zhang; (V) Data analysis and interpretation: H Chen, HY Chen; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

# These authors contributed equally to this work.

Correspondence to: Bo Su. Department of Oncology, Shanghai Pulmonary Hospital, Tongji University School of Medicine, No. 507 Zhengmin Road, Yangpu District, Shanghai, China. Email: su_bo_s@hotmail.com; Daru Lu. State Key Laboratory of Genetic Engineering, School of Life Sciences, Fudan University, No. 2005 Songhu Road, Yangpu District, Shanghai, China. Email: darulu@163.com.

Background: Lung cancer is one of the most severe cancers and the majority of patients miss the best timing for surgery when diagnosed, thus having to rely on radiotherapy, chemotherapy or target therapy. Epidermal growth factor receptor (EGFR) upregulation occurs in a large percentage of patients, who can then benefit from tyrosine kinase inhibitors (TKI). However, the EGFR mutations they carry will vary the effectiveness of TKI. Circulating tumor DNA (ctDNA) contains genetic information from cancer tissue that can be used as a liquid biopsy by non-invasive sampling. This study aimed to provide a solution for minor allele detection from ctDNA.

Methods: Our novel method, named multiplex allele-specific blocker PCR (MAB PCR), combines amplification refractory mutation system (ARMS), blocker PCR and fluorescent-labeled probes for better discrimination and higher throughput. MAB PCR was specially designed for low-quality samples such as ctDNA. A sensitive assay based on MAB PCR was developed for enriching and detecting four common EGFR mutations. This assay was optimized and evaluated with manufactured plasmids, and validated with 34 tissue samples and 94 plasma samples.

Results: The limit of detection of this assay was 10² copies and the detection sensitivity reached 0.1% mutant allele fraction (MAF). The results of clinical sample testing had 100% accordance with sequencing, which proved that this assay was accurate and applicable in clinical settings.

Conclusions: This assay could accomplish low-cost and rapid detection of 4 common EGFR mutations sensitively and accurately, which has huge potential in clinical usage for guiding medication. Furthermore, this design could be used to detect other mutations.

Keywords: Circulating tumor DNA (ctDNA); EGFR mutations; liquid biopsy; multiplex allele-specific blocker PCR; non-small cell lung cancer (NSCLC)

doi: 10.21037/atm-20-6754
View this article at: http://dx.doi.org/10.21037/atm-20-6754
Introduction

Lung cancer has the highest incidence and mortality among all cancers globally (1). Around 85% of cases are non-small cell lung cancer (NSCLC) (2). For patients with lung cancer, surgery is the most effective therapy, but unfortunately nearly 70% of patients have locally advanced or metastasized cancer when diagnosed (3), so they have to rely on other therapies. However, lung cancer shows genetic susceptibility (4), which provides opportunity for personalized therapy and precision medicine.

New findings of changes in the main signal and regulation pathway (overexpression or sequence variation) during carcinogenesis and development provide opportunities for targeted therapy (3,5), which, compared with traditional chemotherapy, has better specificity, lower cytotoxicity and higher efficacy (5,6). In 40–80% of NSCLC patients, epidermal growth factor receptor (EGFR) is overexpressed (7), so they might benefit from EGFR inhibitors incorporating tyrosine kinase inhibitors (TKI) (6) and monoclonal antibodies (8). In almost 70% of cases, patients’ overall survival is prolonged with EGFR-TKI (9), but many patients show resistance to certain drugs, which is a serious challenge for targeted therapy (10). Most EGFR mutations are located in exons 18–21 of the coding region of the TK domain (11,12), and they are related to a patient’s sensitivity to TKI (12). The most common drug-sensitive variations are exon 19 deletion (19del) and exon 21 L858R, which comprise 45% and 40–45% respectively of EGFR mutations in NSCLC (12). Currently, gefitinib and erlotinib are approved by the United States Food and Drug Administration (FDA) as first-line therapy for advanced NSCLC patients carrying the EGFR 19del or L858R mutation (3,13). However, with progression of disease, the T790M mutation in exon 20, which is associated with acquired resistance to 1st- and 2nd-generation EGFR TKI, can be detected in 50% of patients (9,12,13). A 3rd-generation TKI, osimertinib, is also approved by FDA because of its strong effectiveness in patients with the T790M mutation (14,15). Thus, precise diagnosis of these mutations can guide clinical decision-making regarding therapy.

Tissue biopsy is the golden standard for obtaining tumor genetic information, but invasive sampling, DNA-damaging operation and tumor heterogeneity restrain its utilization (16,17). Liquid biopsy overcomes these shortcomings by detecting circulating tumor cell (CTC), cell-free DNA (cfDNA) and other tumor biomarkers from blood or body fluids. Circulating tumor DNA (ctDNA) is a type of cfDNA derived from cancer cells (18), so it contains many tumor-related biomarkers such as methylation changes (19-22), single-nucleotide polymorphisms (23-27), copy number variations (20,28-30) and chromosomal rearrangement (31,32). Nevertheless, ctDNA is highly fragmented and has a massive wild-type background, which poses a big challenge to enrichment and detection technology. Common minor-allele enriching strategies include amplification refractory mutation system (ARMS) (33), blocker PCR (34) or clamping PCR (35-37), and co-amplification at lower denaturation temperature-PCR (COLD-PCR) (38-40). However, all these strategies are low in throughput, which increases the difficulty of operation and heightens the risk of contamination while decreasing the detection efficiency. There are some improved or combined strategies such as SuperSelective primer (41), improved and complete enrichment COLD-PCR (ice COLD-PCR) (42), and nuclease-assisted minor-allele enrichment with probe-overlap (NaME-PrO) (43), but they have not been widely used yet. For ctDNA detection, the mainstream technologies are digital PCR (dPCR) (44), beads, emulsion, amplification and magnets (BEAMing) (45,46), sequencing (47,48) and quantitative PCR (qPCR) (49). dPCR, BEAMing and sequencing rely on specialized apparatus as well as complicated operation and analysis procedures. In addition, their high cost restricts their clinical application. qPCR is sensitive enough [0.1–1% mutant allele fraction (MAF)] (50) for ctDNA detection, while being fast and inexpensive, so it is widely applied in clinical settings (49).

We established a novel method called multiplex allele-specific blocker PCR (MAB PCR), which can accomplish multiplex enrichment and detection of mutations from ctDNA. The target mutations included the most common 19del mutations (c.2235_2249del-15 and c.2236_2250del-15), and the T790M and L858R mutations. This method provides a novel solution for quick and accurate detection of these 4 target mutations from clinical samples, especially ctDNA. It has huge potential in guiding precision medicine for NSCLC patients. We present the following article in accordance with the STARD reporting checklist (available at http://dx.doi.org/10.21037/atm-20-6754).

Methods

Sample collection and preparation

Two types of samples were included in this research: frozen tissue samples and plasma samples collected from Shanghai
Pulmonary Hospital. Sample donors gave written informed consent before enrollment. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by ethics committee of Shanghai Pulmonary Hospital (No.: K18-040-1).

Frozen tissue samples (n=34) were collected between November 2016 and January 2018 (Table 1) from patients’ tumor tissues, and DNA was extracted by QIAamp DNA Mini Kit (Qiagen, Germany). The concentration and quality of DNA was measured by Spectrophotometer ND-2000 (Thermo Fisher Scientific, USA). A 10-μL DNA dilution of every sample was sequenced (Jie Li Biology, Shanghai, China) and the remaining DNA dilution was stored at –20 °C.

The 94 plasma samples were obtained between March 2017 and January 2018 (Table 1) by the following process: 5 mL peripheral blood sample was collected into ethylenediaminetetraacetic acid (EDTA) tubes, then centrifuged at 2,000 g for 10 min at 4 °C and the plasma was transferred into a new centrifuge tube. The ctDNA was extracted by cfDNA Isolation Kit (Shanghai Realgen Biotech, China) and its concentration was measured by quantifying β-actin using qPCR. Isolated ctDNA was stored at –20 °C.

### Table 1 Patients’ characteristics

<table>
<thead>
<tr>
<th>Variable</th>
<th>Tissue</th>
<th>ctDNA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total, n (%)</td>
<td>34 (100.0)</td>
<td>94 (100.0)</td>
</tr>
<tr>
<td>Classification, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Squamous carcinoma</td>
<td>30 (88.2)</td>
<td>11 (11.7)</td>
</tr>
<tr>
<td>Adenocarcinoma</td>
<td>3 (8.8)</td>
<td>60 (63.8)</td>
</tr>
<tr>
<td>Others (includes missing)</td>
<td>1 (2.9)</td>
<td>23 (24.5)</td>
</tr>
<tr>
<td>Age, years</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean ± SD</td>
<td>59.5±9.20</td>
<td>64.5±9.94</td>
</tr>
<tr>
<td>Median</td>
<td>62</td>
<td>65.5</td>
</tr>
<tr>
<td>Range</td>
<td>38–75</td>
<td>30–87</td>
</tr>
<tr>
<td>Sex, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>18 (52.9)</td>
<td>58 (61.7)</td>
</tr>
<tr>
<td>Female</td>
<td>16 (47.1)</td>
<td>36 (38.3)</td>
</tr>
</tbody>
</table>

SD, standard deviation.

### Design of the MAB PCR

Because ctDNA is of low concentration and highly fragmented, to improve the performance of enrichment, MAB PCR combined ARMS and blocker PCR. For each mutation site, an allele-specific primer (AS-primer) that matched the mutant-type sequence and a blocker that matched the wild-type sequence were designed (for the two deletions on exon 19, a degenerate base was adopted on the primer so it could amplify both deletions on exon 19). The blockers covered the mutation sites and their 3’ends were sealed so that they could not be extended. At a certain melting temperature (at which half of the DNA strands are in the random coil or single-stranded state), the AS-primer preferred the mutant-type template while the blocker preferred wild-type template, which caused discrimination in amplification and therefore the mutant-type template was enriched. Considering the length of ctDNA fragments is usually around 167 base pairs (bp), the reverse primer was specially designed so that the amplicon (range, 66–106 bp) would be within 1 fragment. To promote the throughput, fluorescent probes were applied to accomplish multiplex detection in 1 reaction tube. The reference gene was β-actin. Primers and blockers were designed by Primer Premier 5 (PREMIER Biosoft International). All oligonucleotides were synthesized by Shanghai Generay Biotech. The sequence of all primers, blockers and probes are showed in Table 2.

### Optimization and evaluation of MAB PCR

The assay was performed in a MA-6000 Real-Time PCR Machine (Molarray, China). In order to optimize the performance of MAB PCR, plasmids containing every mutant-type target sequence were constructed. Genomic DNA (extracted from a 293T cell line) was applied as the wild-type template. As there were four sets of primers and probes, we had to optimize every singleplex reaction first and group up the 4 singleplex reactions in 1 tube for final optimization.

After optimizing the PCR ingredient and thermal cycling conditions, we used serially diluted plasmids (range, 10^4–10^6 copies) to test the limit of detection (LOD). To determine the sensitivity of this assay, serially diluted mutant-type plasmids (range, 10^4–10^5 copies) were 1:1 mixed with 330 ng human genomic DNA (293T cell line) to generate mixed templates containing 0%, 0.001%, 0.01%, 0.1%, 1%, 10%, and 50% mutant DNA respectively. Each sample was analyzed in triplicate. After the determination of sensitivity, the cycle number would be used to calculate the threshold and when a clinical sample’s Cq (quantification cycle) was
### Table 2 Sequence of primers, probes and blockers

<table>
<thead>
<tr>
<th>Site</th>
<th>Type</th>
<th>Symbol</th>
<th>Sequence (5'–3')</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exon 19 deletion</td>
<td>Forward primer</td>
<td>Ex19-F</td>
<td>TTCCGTCGCTATCAAAR*AC</td>
</tr>
<tr>
<td></td>
<td>Reverse primer</td>
<td>Ex19-R</td>
<td>ACAGCAAGCAGAAAATCTCAC</td>
</tr>
<tr>
<td></td>
<td>Blocker</td>
<td>Ex19-B</td>
<td>ATCAAGGAATTAAGGAGAACACACTAAA</td>
</tr>
<tr>
<td></td>
<td>Probe</td>
<td>Ex19-P</td>
<td>ROX-ATCGAGATTTCTCCTGTGGCTTT-BHQ2</td>
</tr>
<tr>
<td>Exon 20 T790M</td>
<td>Forward primer</td>
<td>Ex20-F</td>
<td>CACCGTGCAAGCTCATCAT</td>
</tr>
<tr>
<td></td>
<td>Reverse primer</td>
<td>Ex20-R</td>
<td>AGCAGGTACTGGGAGCCAAT</td>
</tr>
<tr>
<td></td>
<td>Blocker</td>
<td>Ex20-B</td>
<td>CAGCTCATCAGCGCTCATGCCCAAA</td>
</tr>
<tr>
<td></td>
<td>Probe</td>
<td>Ex20-P</td>
<td>CY5-TGTCTTTGTGTCGCGACATAGT-BHQ3</td>
</tr>
<tr>
<td>Exon 21 L858R</td>
<td>Forward primer</td>
<td>Ex21-F</td>
<td>TCAAGATCAGAGATTTGGGGG</td>
</tr>
<tr>
<td></td>
<td>Reverse primer</td>
<td>Ex21-R</td>
<td>GAAATGCTGGCTGACCTA</td>
</tr>
<tr>
<td></td>
<td>Blocker</td>
<td>Ex21-B</td>
<td>ATTTGCGTCGAGCGAATGGG</td>
</tr>
<tr>
<td></td>
<td>Probe</td>
<td>Ex21-P</td>
<td>FAM-CCTCCTACTTTGCCTCCTTC-BHQ1</td>
</tr>
<tr>
<td>β-actin</td>
<td>Forward primer</td>
<td>ACTB-F</td>
<td>CCAGCAGATGTGGATCAGCAAG</td>
</tr>
<tr>
<td></td>
<td>Reverse primer</td>
<td>ACTB-R</td>
<td>AGCATTTGCGGTGGACGAT</td>
</tr>
<tr>
<td></td>
<td>Probe</td>
<td>ACTB-P</td>
<td>HEX-AGGATATGACGAGCTCGGC-BHQ1</td>
</tr>
</tbody>
</table>

* this is a degenerate base and R stands for A or G.

larger than the threshold, it would be called wild-type.

**Comparison of singleplex and multiplex assays**

According to the sequencing results, 13 mutant- and 7 wild-type tissue samples were chosen for comparison of the performance of multiplex and singleplex assays at each site. The 13 mutant-type samples included 6 samples with exon 19 deletion, 2 samples with exon 20 T790M and 6 samples with exon 21 L858R, within which a sample contained the exon 19 deletion (c.2235_2249del-15) and exon 20 T790M simultaneously. The wild-type samples were randomly chosen from all wild-type samples. These 20 samples were amplified respectively by singleplex and multiplex assays concurrently and the data were statistically analyzed by Pearson correlation analysis and Bland-Altman method to test the consistency of performance.

**Clinical validation and statistical analysis**

We used MAB PCR to screen and profile clinical samples (both tissue and ctDNA). The results for the tissue samples were validated by sequencing, whereas the results for ctDNA screening were compared with the sequencing data from the patient’s corresponding tissue sample. The accuracy was calculated to assess the performance of this assay.

**Results**

**Quality control of samples**

The concentration of tissue sample DNA ranged from 20.87 to 779.89 ng/μL, and all were diluted to 20 ng/μL for screening. By comparing the Cq of samples and the standard curve (Figure 1), the copy number of ctDNA could be quantified. The concentration range of ctDNA was $10^4$–$10^5$ copies/μL.

**Sensitivity of the assay**

First, the singleplex assays for each mutant site were built and optimized. The LOD of these three assays were tested respectively by serially diluted plasmids (Figure 2). For each site, we plotted the Cq against plasmid concentration to give the standard curve, from which the linearity and amplification efficiency were calculated. Every singleplex assay showed good linearity and high efficiency, which
The multiplex assay consisted of the three previously mentioned singleplex assays as well as the β-actin primers and probe set. The final volume of this assay was 25 μL. The working solution contained 1× PCR buffer [670 mM Tris-HCl (pH 8.0), 160 mM (NH₄)₂SO₄, 0.1% Tween-20 (w/v), 4.5 mM MgSO₄, 0.25 mM dNTPs, 2.0 U of hot-start Taq polymerase (TaKaRa, Dalian, China), 0.12–0.14 μM primers and probes, 0.04–0.16 μM blockers and 1 μL of DNA sample. The thermal conditions of PCR were as follow: pre-denaturation at 95 °C for 10 min, a 2-step amplification with 45 cycles of denaturation at

Figure 1 Standard curve of β-actin for quantifying the concentration of ctDNA sample. (A) Amplification curve of β-actin. The linearity range was 1×10⁰–1×10⁵; (B) standard curve of β-actin.

Figure 2 Amplification capacity test of the singleplex assay at each site. (A) Amplification curve of every singleplex assay amplifying the serially diluted standard plasmids: (A-1) exon 19 2235_2249del-15; (A-2) exon 19 2236_2250del-15; (A-3) exon 20 T790M; (A-4) exon 21 L858R. Lines in different colors elucidate the gradient of the amplification curve. (B) Standard curve of every reaction. The amplification efficiency was as follow: (B-1) exon 19 2235_2249del-15, E=83.1%; (B-2) exon 19 2236_2250del-15, E=127.7%; (B-3) exon 20 T790M, E=126.1%; (B-4) exon 21 L858R, E=109.8%.

proved they could be assembled into one tube.
Flu

Log

10

Cq (cycles)

Cycles

Exon 19 2235_2249del-15

A-1

Exon 19 2236_2250del-15

A-2

Exon 20 T790M

A-3

Exon 21 L858R

A-4

Flu

Log

10

Cq (cycles)

Cycles

Exon 19 2235_2249del-15

B-1

Exon 19 2236_2250del-15

B-2

Exon 20 T790M

B-3

Exon 21 L858R

B-4

Figure 3 Amplification capacity test of the MAB PCR assay at each site. (A) Amplification curve of multiplex assay amplifying the serially diluted standard plasmids of each mutant-type. (A-1) Exon 19 2235_2249del-15; (A-2) exon 19 2236_2250del-15; (A-3) exon 20 T790M; (A-4) exon 21 L858R. At each mutation site, the gradient of amplification curve is shown in multiple colors and the linear range is 1×10^2–1×10^6. The LOD is indicated by the red arrow. (B) Standard curve of every site. (B-1) Exon 19 2235_2249del-15, E=94.3%; (B-2) exon 19 2236_2250del-15, E=101.4%; (B-3) exon 20 T790M, E=89.5%; (B-4) exon 21 L858R, E=110.6%. LOD, limit of detection; MAB, multiplex allele-specific blocker.

Table 3 Statistical analysis of amplification efficiency

<table>
<thead>
<tr>
<th>Mutation</th>
<th>Amplification efficiency (± 3 × SD, %)</th>
<th>Linearity range (copies)</th>
<th>R^2</th>
<th>LOD (copies)</th>
<th>CV (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exon 19 2235_2249del-15</td>
<td>94.3±8.70</td>
<td>1×10^2–1×10^6</td>
<td>0.99</td>
<td>100</td>
<td>1.971</td>
</tr>
<tr>
<td>Exon 19 2236_2250del-15</td>
<td>101.4±7.04</td>
<td>1×10^2–1×10^6</td>
<td>0.99</td>
<td>100</td>
<td>1.586</td>
</tr>
<tr>
<td>Exon 20 T790M</td>
<td>89.5±2.52</td>
<td>1×10^2–1×10^6</td>
<td>0.99</td>
<td>100</td>
<td>0.838</td>
</tr>
<tr>
<td>Exon 21 L858R</td>
<td>110.6±1.85</td>
<td>1×10^2–1×10^6</td>
<td>0.99</td>
<td>100</td>
<td>0.431</td>
</tr>
</tbody>
</table>

CV, coefficient of variation; LOD, limit of detection.

95 ℃ for 15 s, and annealing and extension at 60 ℃ for 60 s. The fluorescence from each channel (FAM, ROX, HEX and CY5) was acquired at the end of the annealing and extension step. This assay was tested by serially diluted mutant-type plasmids of each site to determine the LOD and amplification capability (Figure 3A). Similar to the singleplex assays, the standard curve was plotted to calculate the linearity and amplification efficiency (Figure 3B). The MAB PCR assay retained the high linearity and efficiency from the singleplex assays and showed great sensitivity.

The statistical analysis of performance is shown in Table 3. For each site, amplification of the wild-type templates was suppressed and the Cq of all serial dilutions was larger than 10^2 copies/μL of the respective mutant-type template, although 10^2 copies/μL of every mutant-type template could be detected. Thus, the LOD of each site was 10^2 copies/μL. The R^2 of each standard curve was 0.99 and the efficiency ranged from 89.5%±2.52% to 110.6%±1.85%, which proved that the amplification of each site was roughly balanced. The coefficient of variation (CV) of triplicate testing at each site
Figure 4 Sensitivity test of the MAB PCR assay at each site. (A,B) Exon 19 2235_2249del-15 and exon 19 2236_2250del-15: for these two deletions on exon 19, the amplification curve of 0.01% mutant allele fraction (MAF) could be distinguished; (C,D) exon 20 T790M and exon 21 L858R: the assay could distinguish 0.1% mutation at these two mutation sites. MAB, multiplex allele-specific blocker.

The sensitivity test helped us understand the tolerance capability of the MAB PCR assay and determine the threshold of the mutant-type allele (Figure 4). At each mutant site, template containing 0.1% mutant-type allele could be distinguished from the wild-type, so the sensitivity of this assay was 0.1% MAF. For each site, the Cq of 0.1% MAF in triplicate was calculated by \((\bar{C_q} - 3 \times SD)\) to obtain the threshold that would be used to differentiate the mutant-type and wild-type samples in clinical sample screening. For each mutation site, \(r\) was higher than 0.85 (\(P>0.05\)), which suggested that the singleplex and multiplex assays were consistent.

To further investigate the consistency of the singleplex and multiplex assays, the Bland-Altman method was applied (Figure 6). The analysis and diagram process were conducted in MedCalc 18.5 (MedCalc Software Ltd.). As the plot shows, the mean difference of every mutation was close to zero, which revealed low deviation, while most spots were aggregated within the 95% confidence interval of consistency. In conclusion, the singleplex and multiplex assays were highly accordant.

Comparison of singleplex and multiplex assays

We collected the Cq of singleplex and multiplex assays respectively and plotted the scatter diagram using SPSS Statistics 17.0 (SPSS Inc.) (Figure 5). The Pearson correlation coefficient \((r)\) was used to describe the consistency of singleplex and multiplex assays at each site.
and 6 exon 21 L858R mutations detected in 34 tissue samples, which exactly matched the sequencing data. For 94 ctDNA samples, 11 exon 19 deletions, 1 exon 20 T790M and 11 exon 21 L858R mutations were distinguished, which accorded with the sequencing results for primary tumor tissue and proved that ctDNA could reflect the mutation status of the tumor.

**Discussion**

With the development of targeted therapy, the overall survival of many patients is now extended and their suffering is relieved. However, genetic mutations (e.g., *EGFR*, *KRAS*, *BRAF*, etc.) can restrict the efficacy of drugs. As precision medicine becomes widespread, new diagnostic technology, especially technology aimed at non-invasive sampling such as ctDNA, has become the hot spot of research. In particular, ctDNA can reflect the genetic features of tumor cells, and is especially suitable for early diagnosis and companion diagnostics because it can be easily obtained. For patients whose tumor tissue is either unavailable or inadequate, ctDNA would be an ideal substitute for a surgical biopsy.

Recently, more technologies have filled the armamentarium of molecular diagnosis. Multiple methods such as NGS (next-generation sequencing), microarray, dPCR and qPCR are available for detecting mutations...
from clinical specimens. However, when it comes to liquid biopsy, qPCR has an enormous advantage among all these techniques because it is sensitive, simple and inexpensive. Our special design, the MAB PCR assay, could detect the four most common EGFR mutations simultaneously from various types of samples. β-actin was used as the control to exclude external interference. This assay showed excellent performance with high amplification efficiency and linearity at every mutation site. The LOD of this assay was $10^2$ copies/μL and the detection sensitivity reached 0.1% MAF, enough for ctDNA detection. In clinical sample screening, the results of MAB PCR assay indicated great consistency with the sequencing results. Overall, our design reduced the expense and simplified the operation. Compared with other methods, the MAB PCR assay was fast, accurate and robust.

The highlights of MAB PCR are as follow. First, its design combines ARMS and blocker technology. With this complex overlap, the ARMS primers and blockers had to compete to bind to the templates. The primers preferentially matched the mutant-type template, while the blockers preferred the wild-type template. The different priority of matching created discrimination in amplification and led to enrichment of the mutant-type template. Second, the application of fluorescent probes increased the throughput and decreased the risk of false-positive cases. The fluorescent probes allowed us to detect multiple targets in a single reaction and to observe the whole process of amplification. Compared with fluorescent dyes such as SYBR Green, probes are more selective and easier for accomplishing multiplicity. Moreover, the fluorescent signal could be detected with the tube sealed and replaced the post-PCR procedure, which is a major source of contamination. Third, the design of MAB PCR made the operation procedure easy and simple to operate, and it was inexpensive to conduct. The design especially catered to ctDNA, so that it could be applied in companion diagnostics. Other sample types are compatible, which increases its practicability. Overall, MAB PCR has huge potential in clinical usage, and could be further developed into a diagnostic kit for guiding medical treatment.

We suggest that the threshold of the MAB PCR assay be amended regularly, especially when there is any change in equipment, reaction reagent or conditions. Incorrect thresholds might cause mistake in genotyping and therefore lead to false-positive or false-negative cases.

The number of clinical samples used in this study was limited, especially exon 20 T790M mutant-type samples due to its rareness. Moreover, the majority of samples were from late-stage patients. For future research, more samples, particularly from patients with the exon 20 T790M mutation, should be collected to further prove the stability of this assay. Meanwhile, although this assay has theoretical capability in early diagnosis, more early-stage samples should be incorporated to determine the performance of MAB PCR when used in early diagnosis.

In addition, the design of MAB PCR can be modified, especially the design of the probes, to achieve a higher throughput with more mutant sites detected at the same time. This design could be applied to other mutation sites. We are currently considering the possibility of improving the throughput of COLD-PCR by using fluorescent probe. These new designs might have dramatic potential in liquid biopsy for both cancer and non-invasive prenatal testing (NIPT).

**Acknowledgments**

We really appreciate the participation of all the patients.

---

**Table 4 Summary and statistical analysis of sample screening**

<table>
<thead>
<tr>
<th>Sample type</th>
<th>Mutation</th>
<th>Multiplex assay</th>
<th>Sequencing</th>
<th>True positive</th>
<th>True negative</th>
<th>False positive</th>
<th>False negative</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Positive</td>
<td>Negative</td>
<td>Positive</td>
<td>Negative</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tissue</td>
<td>Exon 19 del</td>
<td>6</td>
<td>28</td>
<td>6</td>
<td>28</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>Exon 20 T790M</td>
<td>2</td>
<td>32</td>
<td>2</td>
<td>32</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>Exon 21 L858R</td>
<td>6</td>
<td>28</td>
<td>6</td>
<td>28</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>Plasma</td>
<td>Exon 19 del</td>
<td>11</td>
<td>83</td>
<td>11</td>
<td>83</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>Exon 20 T790M</td>
<td>1</td>
<td>93</td>
<td>1</td>
<td>93</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>Exon 21 L858R</td>
<td>11</td>
<td>83</td>
<td>11</td>
<td>83</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

For plasma, the sequencing result was acquired from the corresponding primary tumor tissue.
**Funding:** This study was funded by National Natural Science Foundation of China (31571371, 81772657), National Key Research and Development Project (2017YFC0907501), Shanghai Committee of Science and Technology (17ZR1423500), Shanghai Science and Technology Innovation Action Plan (17JC1400902) and the Fundamental Research Funds for the Central Universities (22120180371).

**Footnote**

*Reporting Checklist:* The authors have completed the STARD reporting checklist. Available at [http://dx.doi.org/10.21037/atm-20-6754](http://dx.doi.org/10.21037/atm-20-6754)

**Data Sharing Statement:** Available at [http://dx.doi.org/10.21037/atm-20-6754](http://dx.doi.org/10.21037/atm-20-6754)

**Conflicts of Interest:** All authors have completed the ICMJE uniform disclosure form (available at [http://dx.doi.org/10.21037/atm-20-6754](http://dx.doi.org/10.21037/atm-20-6754)). Mr. Hongyuan C and Dr. Hongyan C report that they have a patent 2019107453518 pending. The other authors have no conflicts of interest to declare.

**Ethical Statement:** The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by ethics committee of Shanghai Pulmonary Hospital (No.: K18-040-1). Sample donors gave written informed consent before enrollment.

**Open Access Statement:** This is an Open Access article distributed in accordance with the Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License (CC BY-NC-ND 4.0), which permits the non-commercial replication and distribution of the article with the strict proviso that no changes or edits are made and the original work is properly cited (including links to both the formal publication through the relevant DOI and the license). See: [https://creativecommons.org/licenses/by-nc-nd/4.0/](https://creativecommons.org/licenses/by-nc-nd/4.0/).

**References**


(English Language Editor: K. Brown)