



Protective effect of pterostilbene on sepsis-induced acute lung injury in a rat model via the JAK2/STAT3 pathway

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Background: Bacterial infection is one of the most common causes of sepsis, with acute lung injury (ALI) being a related complication. Pterostilbene (PTS) is extracted from blueberries, peanuts, and grapes, and has numerous pharmacologic activities. The aim of the present study was to explore the underlying role of PTS protects against sepsis-mediated ALI.

Methods: We established a sepsis model induced by cecal ligation and puncture (CLP) in rats. The rats were randomly divided into five groups (n=5 each): sham group, CLP group, Dexmedetomidine group (Dex, 50 µg/kg) and PTS groups (25 and 50 mg/kg). Twenty-hours hours after CLP, PTS was intraperitoneally injected for 14 continuous days. The rats were killed, and blood and lung tissue were collected for pathological analysis and mRNA and protein detection.

Results: Our findings showed that PTS reduced the wet/dry ratio and ameliorated sepsis-induced pulmonary fibrosis (PF), which was associated with improvement of pathological damage in lung tissues. We also observed the inhibitory effect of PTS on apoptosis and release of inflammatory cytokines (i.e., tumor necrosis factor-α, interleukin-6, and monocyte chemoattractant protein 1). In addition, PTS markedly suppressed the phosphorylation levels of Janus kinase-2 (JAK2) and signal transducer and activator of transcription 3 (STAT3).

Conclusions: Our results indicated that PTS inhibited the PF, apoptosis, and inflammatory response via the JAK2/STAT3 pathway in a sepsis-induced ALI rat model, providing a candidate for drug therapy of sepsis-induced ALI.

Keywords: Pterostilbene (PTS); inflammatory response; apoptosis; pulmonary fibrosis (PF); Janus kinase-2/signal transducer and activator of transcription 3; acute lung injury (ALI); cecal ligation and puncture (CLP)

Submitted Jul 10, 2020. Accepted for publication Oct 22, 2020.

doi: 10.21037/atm-20-5814

View this article at: <http://dx.doi.org/10.21037/atm-20-5814>

1 Introduction

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2 Acute lung injury (ALI) complicates many clinical symptoms
3 with high morbidity and mortality (1), and is manifested
4 by pulmonary hypofunction, pulmonary edema, neutrophil
5 infiltration, and alveolar capillary membrane permeability (2).

6 Sepsis is a complex inflammatory syndrome caused by
7 bacterial infection of the host, which leads to multiple
8 organ dysfunction (3). In their study, Kim *et al.* reported
9 that sepsis is associated with pulmonary dysfunction (4).
DEMO ALI is one of the most common complications of sepsis (5),

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10 and the animal model of sepsis-mediated inflammatory
DEMO lung injury further increases ALI (6). Until recently, the
11 pathophysiological mechanism of sepsis has not been fully
12 elucidated. The inflammatory response triggers the release
13 of a large number of pro-inflammatory cytokines [i.e.,
14 tumor necrosis factor- α (TNF- α), interleukins (ILs), and
15 prostaglandins] in the early stage of sepsis, which plays an
16 important role in the development of sepsis-induced ALI (7).
17 Therefore, it is necessary to seek new treatments for ALI
18 induced by sepsis.

19 Pterostilbene (PTS) is a natural dimethylated analog
20 of blueberries, and is also found in grapes and peanuts (8).
21 With the progress of bio-utilization, it has been favored by
22 increasing researchers in recent years. Accumulating reports
23 have shown that PTS exhibits multiple biologic activities,
24 including anti-inflammatory, antioxidant, anti-aging, and
25 antiviral activities (9-12). In addition, PTS could mediate
26 the cell cycle, apoptosis, and proliferation to combat various
27 cancers (13,14). Nevertheless, the role of PTS in ALI, such
28 as pulmonary fibrosis (PF), has not been widely researched,
29 and the underlying mechanisms of ALI remain unclear.

30 PF is caused by abnormal repair [fibroblast
31 hyperproliferation, and massive accumulation of the
32 extracellular matrix (ECM)], and the normal alveolar tissues
33 are subsequently damaged. Keshari *et al.* reported that
34 sepsis stimulates the process of continuous fibrosis (15).
35 Fibrinolytic imbalance and apoptosis are involved in lung
36 injury and PF, and Bhandary *et al.* found that apoptotic
37 alveolar epithelial cells irritate the activation and overgrowth
38 of fibroblasts, thereby promoting the occurrence of fibrosis
39 and the progress of PF (16). It has been reported that PTS
40 is protective against hepatic fibrosis and renal fibrosis, but
41 there are few published studies on PF (17,18).

42 The Janus kinase-2/signal transducer and activator of
43 transcription 3 (JAK2/STAT3) pathway plays a key role in
44 the inflammation-mediated biologic progress. Numerous
45 studies have reported that the JAK/STAT pathway is
46 involved in the development of ALI (19,20).

47 In the present study, we established a sepsis model
48 induced by cecal ligation and puncture (CLP) to investigate
49 the effects of PTS on ALI. Our study is the first time to
50 explore the protective of PTS on sepsis-induced ALI and
51 its underlying connection with the JAK/STAT pathway.
52 We present the following article in accordance with the
53 ARRIVE reporting checklist (available at <http://dx.doi.org/10.21037/atm-20-5814>).
54

Methods

Main materials and reagents

PTS (C₁₆H₁₆O₃, molecular weight: 256.3 g/mol, purity
≥99%) was purchased from Lifome Technologies LLC
(CAS: 537-42-8). Specific pathogen-free male Sprague
Dawley rats (250–300 g) were purchased from the
Laboratory Animal Center of Zhejiang University. The
antibodies were purchased from Abcam as were as follows:
anti-cleaved caspase-3 antibody (ab49822), anti-caspase-9
antibody (ab184786), anti-B-cell lymphoma-2 (Bcl-2)
antibody (ab59348), anti-Bax antibody (ab32503), anti-
 α -smooth muscle actin (α -SMA) antibody (ab5694), anti-
fibronectin antibody (ab2413), anti-laminin antibody
(ab11575), anti-vimentin antibody (ab24525), anti-collagen
I antibody (ab34710), anti-JAK2 antibody (ab108596), anti-
phospho-JAK2 antibody (ab195055), anti-STAT3 antibody
(ab119352), and anti-phospho-STAT3 antibody.

Animal protocol and operation

The rats were fasted, but had free access to water, 12 hours
before the experiment. The protocols were approved by
the Ethics Committee of The First Affiliated Hospital
of Xi'an Jiaotong University, and all animal surgeries
were strictly performed in accordance with *Guide for the
Care and Use of Laboratory Animals*. CLP is the standard
model for sepsis, and details of the experimental sepsis
model are described elsewhere (21). The rats were
randomly divided into five groups (n=5 each): sham
group; Dexmedetomidine (22) group (Dex, 50 μ g/kg);
CLP group, and PTS (23) groups (25, and 50 mg/kg).
Twenty-hours hours after CLP, PTS was intraperitoneally
injected for 14 continuous days. Sham and CLP group rats
were given an equal volume of sterile saline during this
period. The rats were then killed, and blood and lung tissue
were collected for following studies.

Wet/dry (W/D) ratios

W/D ratios were measured according to Zhang *et al.*'s
protocol (24). Briefly, immediately after the lungs were
removed, the right upper lobe weight (wet weight) was
rapidly measured to prevent fluid loss. It was then dried
to constant weight in an oven at 60 °C and the dry weight
was measured. The W/D ratio was calculated to assess

100 pulmonary edema.

101 *Hematoxylin-eosin (HE) and Masson staining*

102 Lung tissues were immersed in 10% formalin for ≥ 48
103 hours, and then dehydrated in a concentration gradient of
104 ethanol and embedded in paraffin. Next, 5- μm lung sections
105 were used for routine HE and Masson staining. HE staining
106 was used for observing pathological changes in lung tissue,
107 and Masson staining was used for observing pathological
108 changes in lung fibers. Five fields of view were randomized
109 at a magnification of 100 \times .

111

DEMO 112 *Terminal deoxynucleotidyl transferase-mediated* 113 *digoxigenin-dUTP nick-end labeling (TUNEL) staining*

114 Lung cells apoptosis was confirmed by TUNEL staining
115 assay according to Gill *et al.*'s protocol (25). After
116 deparaffinization and hydration, tissue sections were stained
117 with the Beyotime Biotechnology colorimetric TUNEL
118 apoptosis assay kit (C1098), as per the manufacturer's
119 instructions. TUNEL-positive cells were captured using
120 an optical microscope; five fields of view were randomly
121 selected at a magnification of 200 \times , respectively.

122

123 *Enzyme-linked immunosorbent assay (ELISA)*

124

125 Peripheral blood and lung tissue samples were collected
126 for analyzing inflammatory cytokines. The protein levels of
127 TNF- α , IL-6, IL-10, and monocyte chemoattractant protein 1
128 (MCP-1) were measured using an ELISA kit (USCN Life
129 Science), following the manufacturer's recommendations.

130

131 *Quantitative reverse transcription polymerase chain* 132 *reaction (qRT-PCR) analysis*

133

134 Total RNA was extracted using the RNeasy animal
135 RNA isolation kit with spin column (R0036; Beyotime
136 Biotechnology). RNA was then reverse transcribed into
137 cDNA with the BeyoRT III first-strand cDNA synthesis kit
138 with gDNA Eraser (D7180M; Beyotime Biotechnology),
139 as per the manufacturer's instructions. Finally, DNA was
140 amplified at least three times using the QuantStudio 6
141 flex real-time PCR system (Cata: 4485697; ThermoFisher
142 Scientific), following the manufacturer's recommendations.

143

144 *Western blot analysis*

145

146 Total protein was isolated from the excised lung tissues by
147 the ProteoPrep total extraction sample kit (Sigma-Aldrich

China LLC). The protein samples were transferred to 148
a polyvinylidene fluoride membrane by sodium dodecyl 149
sulfate polyacrylamide gel electrophoresis. The protein 150
expressions of caspase-3, caspase-9, Bcl-2, Bax, survivin, 151
 α -SMA, fibronectin, laminin, collagen I, JAK2, and STAT3 152
were detected using a standard procedure. The dilution 153
concentration of antibodies used was that recommended 154
by the manufacturer. Protein density was standardized as 155
 β -actin, and phosphorylated protein density as total protein. 156

157

Immunohistochemistry

Lung tissues were immersed in 10% formalin for ≥ 48 hours, 158
and then dehydrated in a concentration gradient of ethanol 159
and embedded in paraffin. Next, 5- μm lung sections were 160
combined with 3% hydrogen peroxide for 10 minutes 161
to block endogenous peroxidase. The antigen was then 162
repaired with sodium citrate. Sections were then incubated 163
with a primary antibody and a horseradish peroxidase- 164
labeled corresponding secondary antibody. Finally, the 165
lung sections were stained with 3, 3'-Diaminobenzidine 166
tetrahydrochloride (DAB), and five fields of view were 167
randomly captured at a magnification of 400 \times under an 168
optical microscope. 169

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Statistical analysis

All experiments were conducted in triplicate, and analyses 173
of the results were done using IBM SPSS Statistics version 174
25.0. Data are presented as the mean \pm standard error of 175
mean. Significant differences between two groups were 176
analyzed using Student's t-test, and in multiple groups they 177
were analyzed using one-way analysis of variance. $P < 0.05$ 178
was defined as statistically significant. 179

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Results

PTS protects against CLP-induced ALI in rats

We investigated the effect of PTS on CLP-induced lung 183
injury, as shown in *Figure 1A*. HE staining showed that 184
CLP provoked lung tissue edema, neutrophil infiltration, 185
and alveolar septum thickening compared with the sham 186
group. In addition, the lung injury score and the lung W/D 187
ratio were significantly higher than that of the sham group 188
(*Figure 1B,C*). After treatment with PTS (25 or 50 mg/kg) 189
and Dex (50 $\mu\text{g}/\text{kg}$), we observed that lung tissue 190
injury significantly improved, manifested as a gradual 191
disappearance of tissue edema, decreased neutrophil 192
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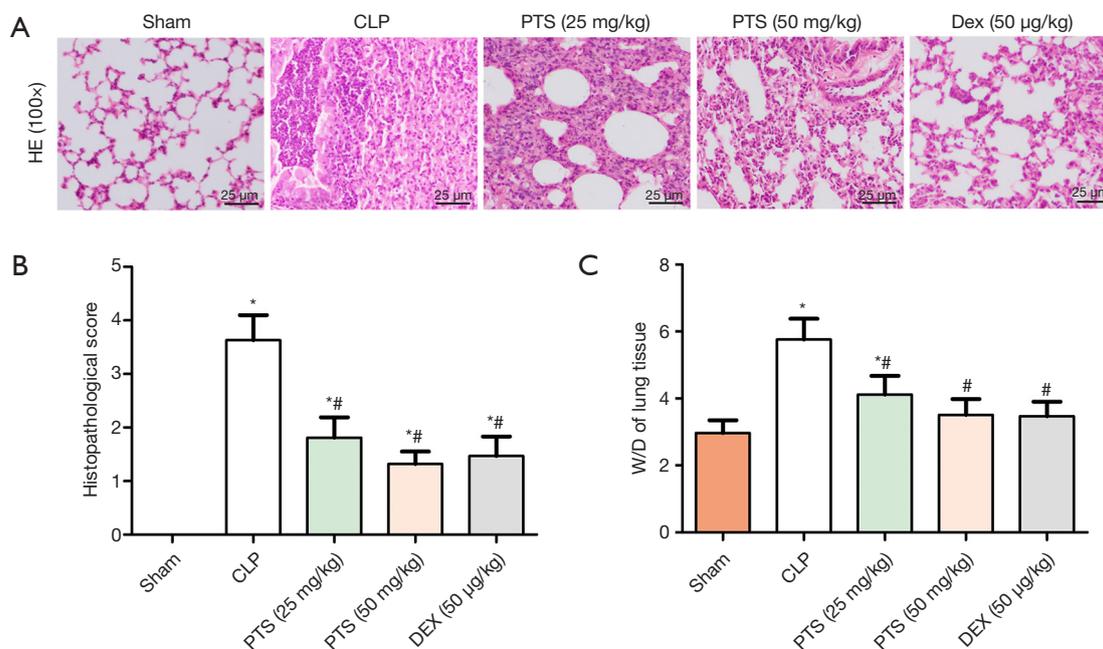


Figure 1 Effect of pterostilbene (PTS) on cecal ligation and puncture (CLP)-induced acute lung injury (ALI). (A) Pathological features in lung tissues were determined using hematoxylin-eosin (HE) staining. Representative images are shown at a magnification of 100 \times . (B) Lung injury score in each group. (C) Wet/dry (W/D) ratio of CLP-induced lung tissue. Data are shown as the mean \pm standard error of mean (n=5). *, P<0.05 versus sham group; #, P<0.05 versus CLP group. All operations were done in triplicate. IL, interleukin; MCP-1, monocyte chemotactic protein 1; TNF- α , tumor necrosis factor- α .

196 infiltration, and alveolar septum thinning (Figure 1A).
 197 The lung injury score and the lung W/D ratio were also
 198 obviously reduced compared with the CLP group (Figure
 199 1B,C).

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PTS alleviates CLP-induced inflammatory responses

201 Inflammatory cytokines, such as TNF- α , IL-6, IL-10, and
 202 MCP-1, were also detected in peripheral blood and lung
 203 tissues by ELISA assay. In peripheral blood, the TNF- α ,
 204 IL-6, and MCP-1 levels were markedly increased, whereas
 205 the IL-10 level was significantly reduced compared with the
 206 sham group (Figure 2A). Conversely, PTS 25 or 50 mg/kg
 207 and Dex (50 μ g/kg) reduced TNF- α , IL-6, and MCP-
 208 1 levels, and increased the IL-10 level. The results for
 209 lung tissue were consistent with those of peripheral blood
 210 (Figure 2B). In addition, we examined the mRNA levels of
 211 IL-6 and IL-10 in lung tissues by qRT-PCR. Similarly, the
 212 IL-6 level increased and the IL-10 level decreased in the
 213 CLP group, and IL-6 and IL-10 levels were inverted by
 214 PTS or Dex treatment (Figure 2C,D).
 215

PTS suppresses CLP-induced cell apoptosis

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To determine the role of PTS on CLP-induced cell
 217 apoptosis in lung tissue, we first measured the number of
 218 apoptotic cells by TUNEL staining. The positive cell count
 219 was remarkably higher than that of the sham group, yet
 220 the positive cell count decreased by about 35% and 40%
 221 after diverse doses of PTS and Dex treatment, respectively
 222 (Figure 3A). We further tested the protein levels of
 223 caspase-3, caspase-9, Bcl-2, and Bax by Western blot assay.
 224 The expression of cleaved-caspase-3, cleaved-caspase-9,
 225 and Bax significantly increased, whereas the expression of
 226 Bcl-2 notably decreased in the CLP group (Figure 3B,C).
 227 Interestingly, 25 or 50 mg/kg PTS and 50 μ g/kg Dex
 228 reversed this change, accompanied by the value of Bcl-2/
 229 Bax increase.
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PTS alters the features of CLP-induced PF

233 Histological features in the lung were examined by Masson
 234 staining, which revealed the presence of PF manifested
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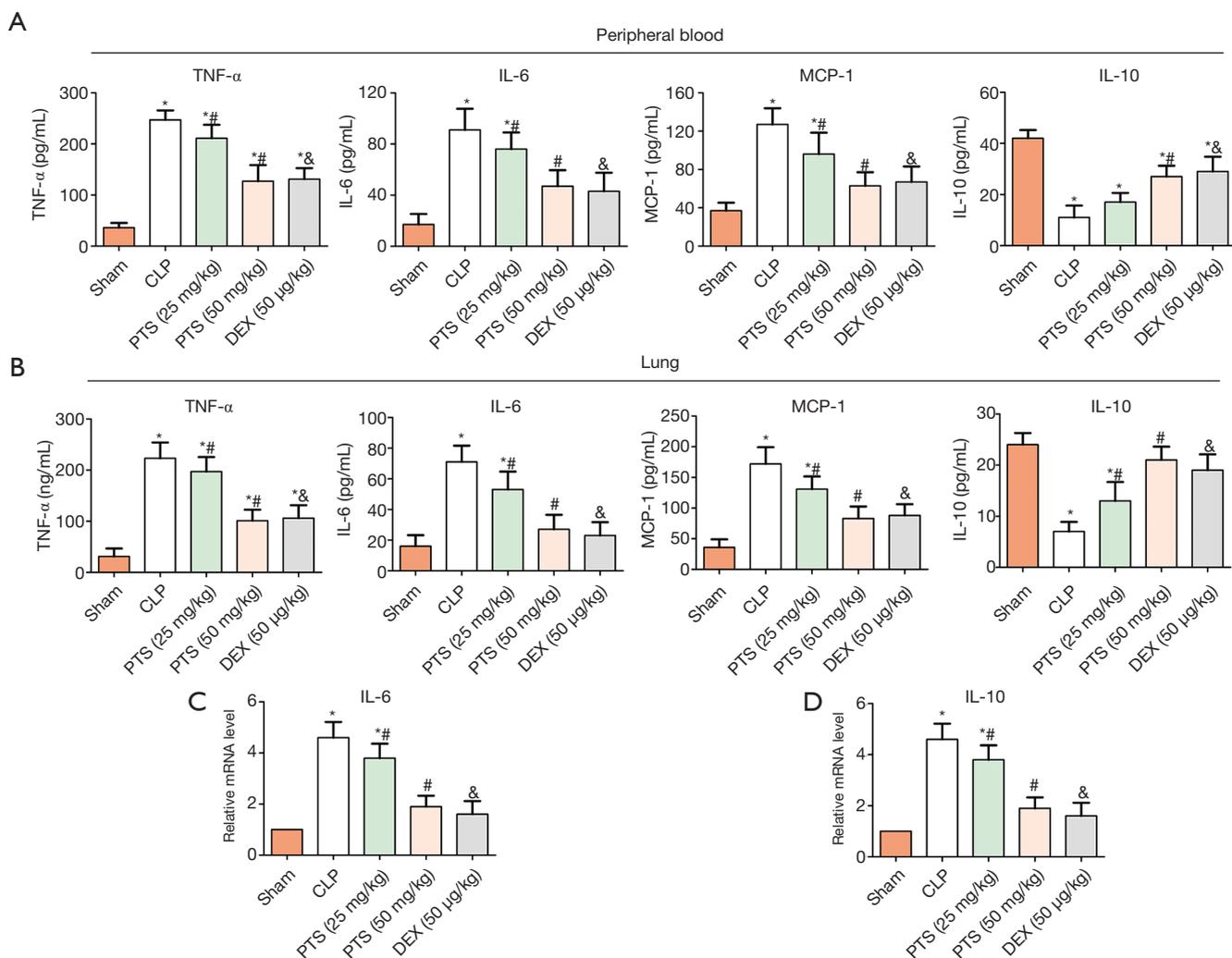


Figure 2 Effect of pterostilbene (PTS) on cecal ligation and puncture (CLP)-induced inflammation. (A,B) Expression of tumor necrosis factor- α , interleukin (IL)-6, IL-10, and monocyte chemotactic protein 1 (MCP-1) in peripheral blood and lung tissues were determined using enzyme-linked immunosorbent assay. mRNA levels of IL-6 (C) and IL-10 (D) in lung tissues were determined by quantitative reverse transcription polymerase chain reaction. Data are shown as the mean \pm standard error of mean (n=5). *, P<0.05 versus sham group; #, &, P<0.05 versus CLP group. All operations were done in triplicate. IL, interleukin; MCP-1, monocyte chemotactic protein 1; TNF- α , tumor necrosis factor- α .

236 as collagen precipitation (Figure 4A). In contrast, 25 or
 237 50 mg/kg PTS and 50 μ g/kg Dex both mitigated the degree
 238 of fibrosis (Figure 4A). We also tested fibrosis markers by
 239 Western blot assay, including α -SMA, fibronectin, laminin,
 240 vimentin, and collagen I. The expression of α -SMA,
 241 fibronectin, laminin, vimentin and collagen I were notably
 242 increased in the CLP group compared with the sham group
 243 (Figure 4B,C,D,E,F,G). In PTS and Dex groups, the results
 244 revealed that PTS (25 or 50 mg/kg) and Dex (50 μ g/kg)
 245 significantly reduced the protein levels of markers.

PTS inhibits the activation of the CLP-induced JAK2/STAT3 pathway

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 In our study, we found that PTS had an active role on
 apoptosis, fibrosis, and inflammatory response in ALI. In
 order to better understand the potential mechanism of PTS
 in alleviating ALI induced by CLP, we detected the protein
 expression of JAK2 and STAT3 by Western blot assay.
 The protein phosphorylation of p-JAK2 and p-STAT3 was
 higher than that of the sham group, whereas PTS inhibited

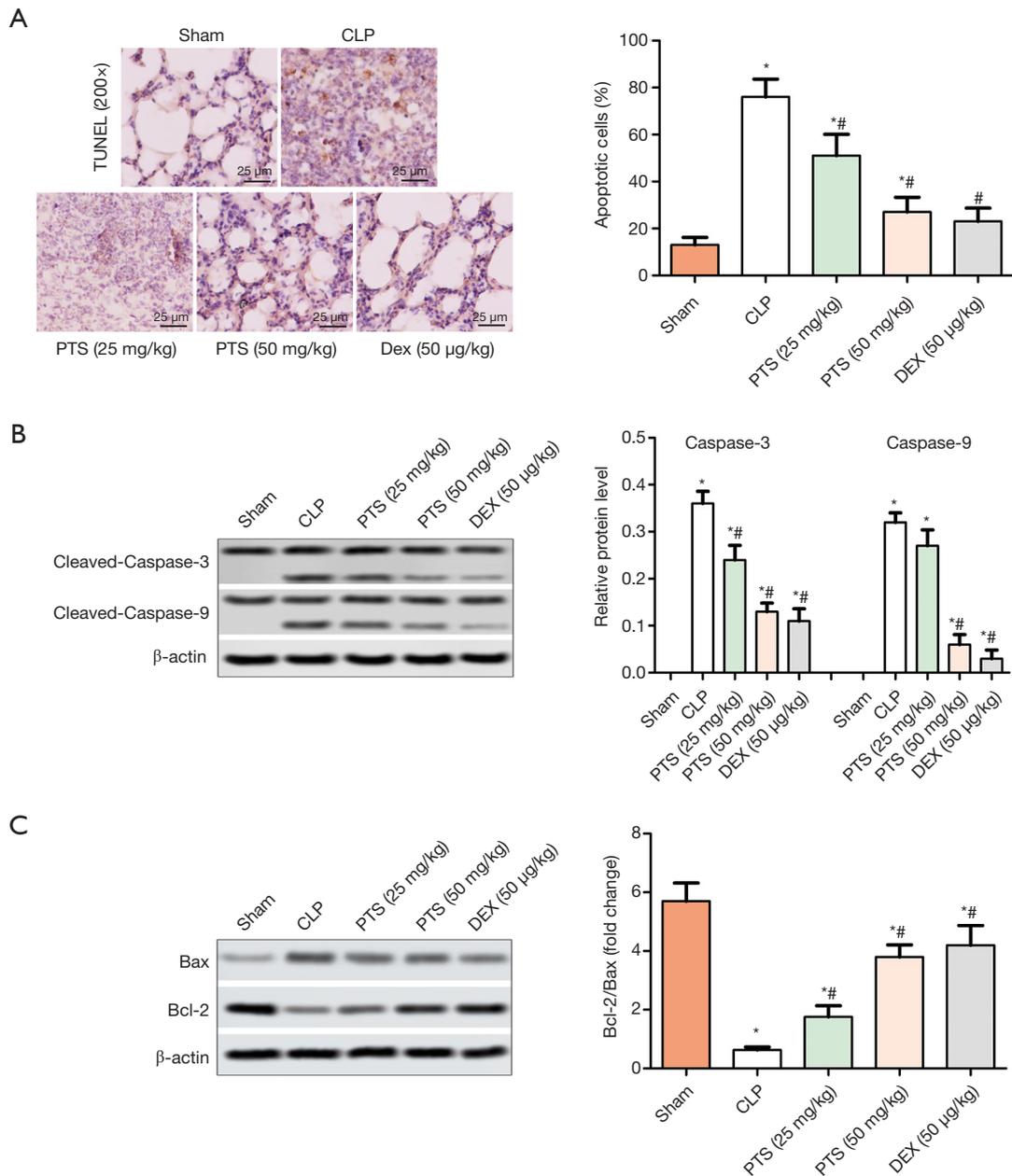


Figure 3 Effect of pterostilbene (PTS) on cecal ligation and puncture (CLP)-induced apoptosis. (A) Cell apoptosis was determined in the lung tissues using terminal deoxynucleotidyl transferase-mediated digoxigenin-dUTP nick-end labeling staining. Nuclei of apoptotic cells were brown. Representative images are at a magnification of 200 \times . (B,C) Western blot was used to determine the protein levels of cleaved-caspase-3, caspase-9, B-cell lymphoma-2, and Bax. Data are shown as the mean \pm standard error of mean ($n=5$). *, $P<0.05$ versus sham group; #, $P<0.05$ versus CLP group. All operations were done in triplicate. Bcl-2, B-cell lymphoma-2; TUNEL, terminal deoxynucleotidyl transferase-mediated digoxigenin-dUTP nick-end labeling.

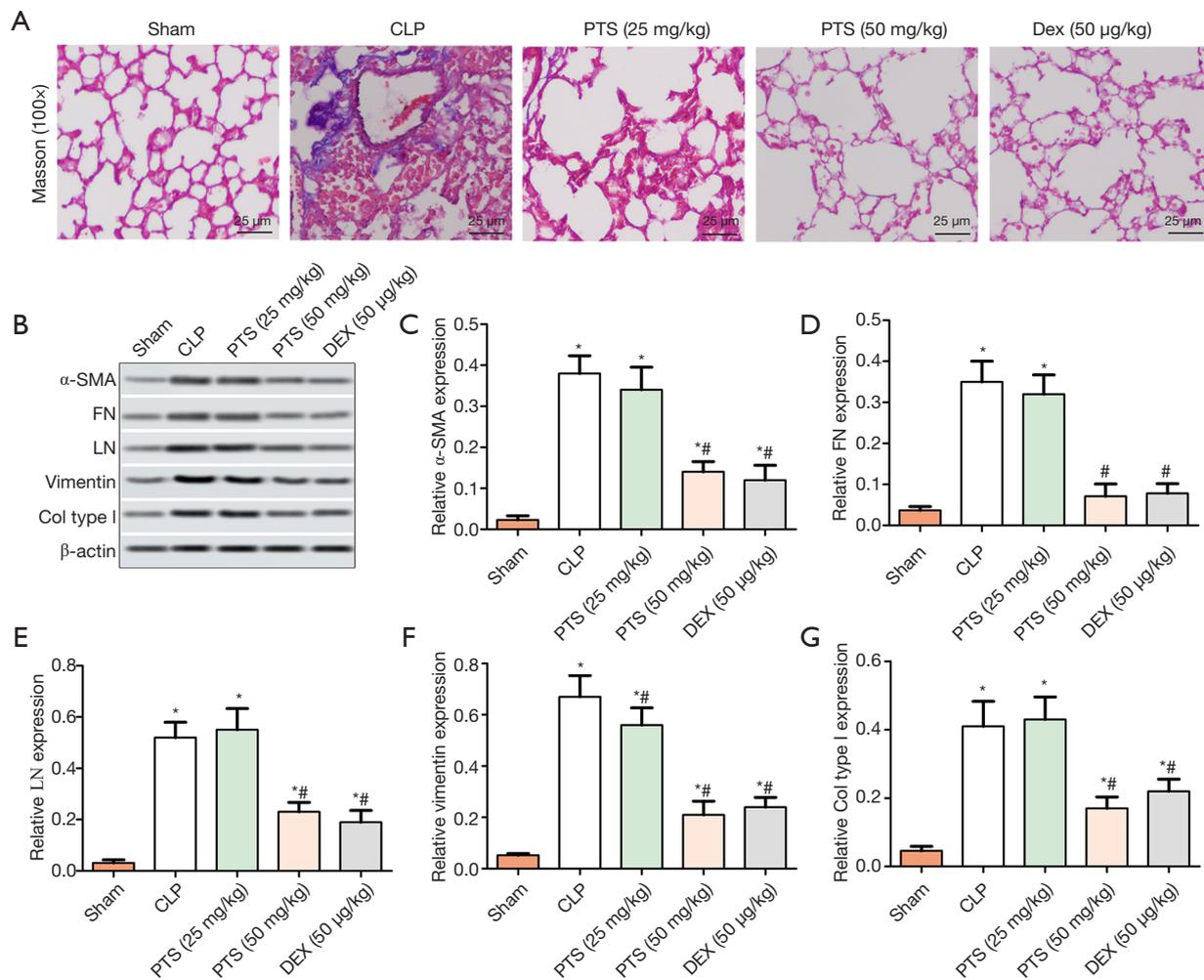


Figure 4 Effect of pterostilbene (PTS) on cecal ligation and puncture (CLP)-induced lung fibrosis. (A) Pathological features in lung fibers were determined by Masson staining. Representative images are at a magnification of 100x. (B,C,D,E,F,G) Protein levels of α -smooth muscle actin, fibronectin, laminin, vimentin, and collagen I were determined by Western blot assay. Data are shown as the mean \pm standard error of mean (n=5). *, P<0.05 versus sham group; #, P<0.05 versus CLP group. All operations were done in triplicate. α -SMA, α -smooth muscle actin; FN, fibronectin; LN, laminin.

255 the expression of p-JAK2 and p-STAT3 (Figure 5A). The
 256 immunohistochemical results showed that the positive
 257 level of p-STAT3 increased in the CLP group. In contrast,
 DEMO compared with the CLP group, PTS reduced the expression
 258 of p-STAT3 in a dose-dependent manner (Figure 5B).

259
 260 **PTS protects against CLP-induced ALI via activating**
 261 **JAK2/STAT3 pathway**

262 Further, we added JAK inhibitor (AG-490) by
 263 intraperitoneal injection, grouped as below: sham group,
 264

CLP group, PTS (50 mg/kg) group, and AG-490 (20 mg/kg) DEMO
 group. As shown in Figure 6A, the phosphorylation levels of 265
 JAK2 and STAT3 were obviously lower in the PTS group 266
 and AG490 group than that in the CLP group. PTS, or AG- 267
 490 alone treatment reduced the level of IL-6 (Figure 6B) 268
 and increased IL-10 (Figure 6C), compared with CLP 269
 group. Masson staining found the similar results in PTS 270
 group and AG490 group, that is, collagen precipitation in 271
 lung tissue was significantly reduced, compared with CLP 272
 group (Figure 6D). In addition, PTS, or AG-490 alone 273
 treatment reduced the positive cell count (Figure 6E). 274

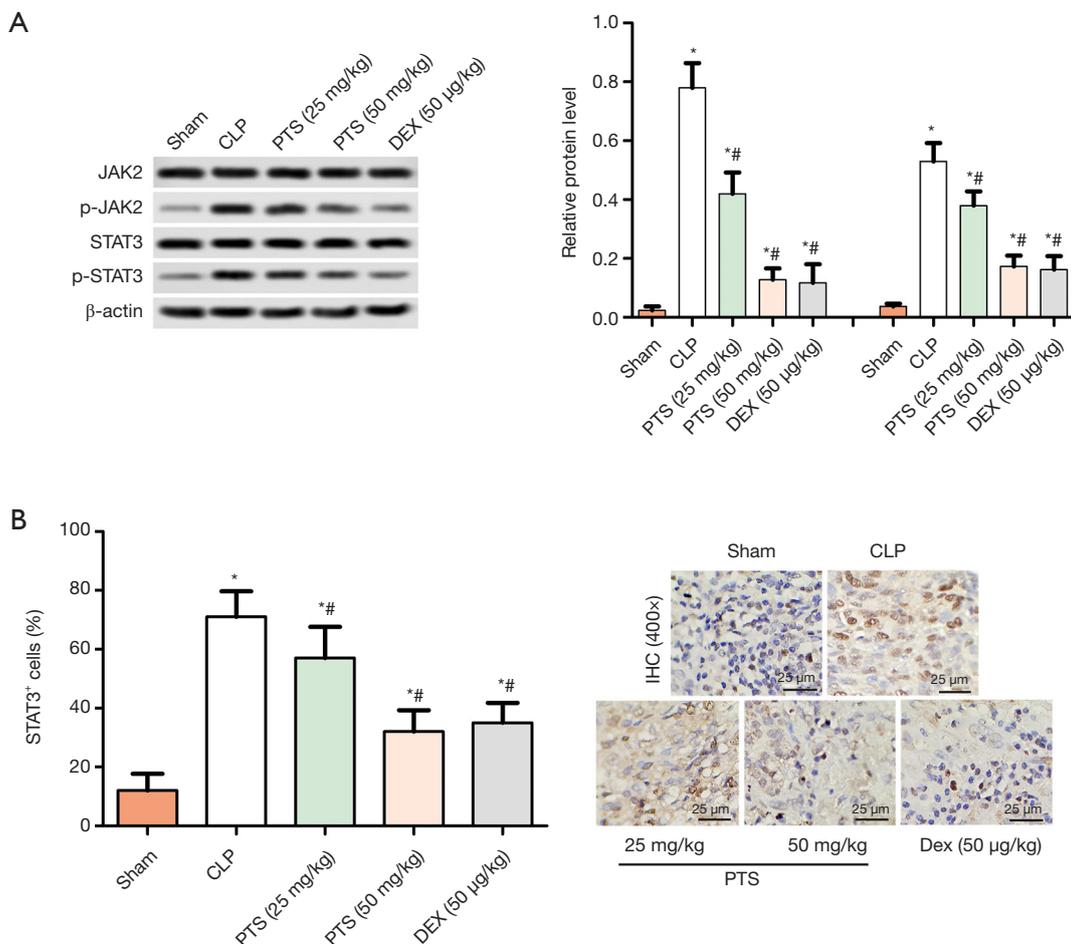


Figure 5 Effect of pterostilbene (PTS) on the phosphorylation of Janus kinase-2 (JAK2) and signal transducer and activator of transcription 3 (STAT3). (A) JAK2, phospho-JAK2, STAT3, and phospho-STAT3 protein levels were determined by Western blot assay. (B) Nuclear positive level of p-STAT3 was determined by immunohistochemistry assay. Representative images are shown at a magnification of 400×. Data are shown as the mean ± standard error of mean (n=5). *, P<0.05 versus sham group; #, P<0.05 versus CLP group. All operations were done in triplicate.

275 Discussion

276 DEMO The incidence of sepsis is high and continues to rise, and
 277 its pathogenesis is not fully understood. Sepsis causes
 278 multiple organ injury, and ALI is a common complication
 279 of sepsis. The treatment of the condition is unsatisfactory,
 280 and mortality is still high (26). PTS is an active component
 281 of blueberries and has various biologic activities; however,
 282 the role of opposing lung injury is still poorly understood.
 283 In the present study, we investigated the role of PTS against
 284 ALI and explored its underlying mechanisms. The results
 285 showed that the lung injury score and the W/D ratio notably
 286 increased, which proved that the CLP-induced rat model

is feasible. After PTS treatment, the lung injury score 287
 decreased, whereas that of the W/D weight ratio significantly 288
 declined. In previously published papers, pathological 289
 features, including lung damage, hypoxia, neutrophil 290
 infiltration, and alveolar and interstitial edema, occurred 291
 in rats 18–72 hours after CLP induction (2). In the present 292
 study, we observed that PTS weakened tissue edema and 293
 decreased neutrophil infiltration. We speculated that PTS 294
 has a protective effect against sepsis-induced lung injury. 295
 PF is a serious chronic process that eventually leads to 296
 lung injury and respiratory failure. The prominent feature 297
 in PF tissues is fibrotic foci, in which active fibroblasts

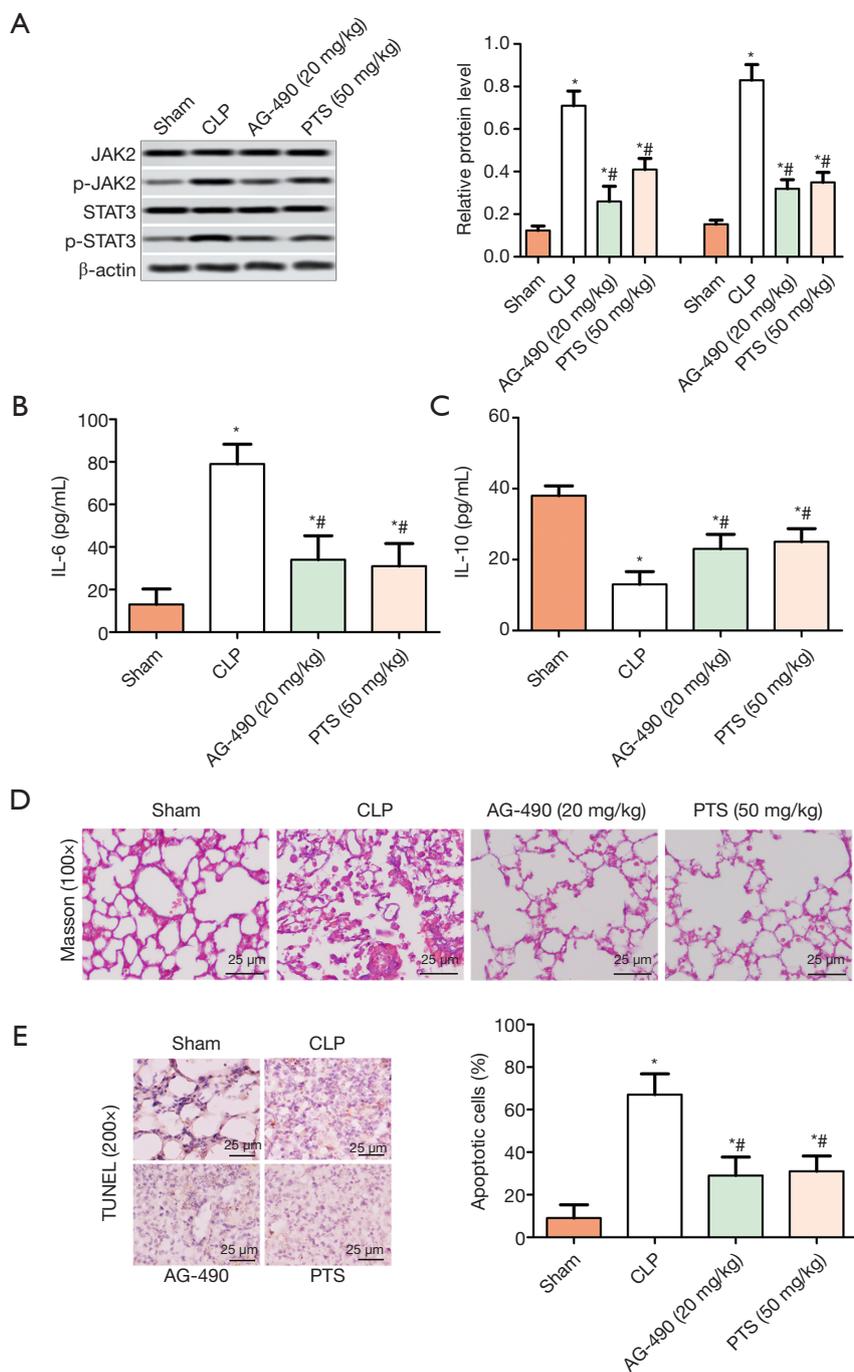


Figure 6 Pterostilbene (PTS) attenuated CLP-induced ALI through inhibiting Janus kinase-2 (JAK2) and signal transducer/activator of transcription 3 (STAT3) Pathway. Post adding JAK inhibitor AG-490 (20 mg/kg). (A) JAK2, phospho-JAK2, STAT3, and phospho-STAT3 protein levels were determined by Western blot assay. (B,C) Expression of interleukin (IL)-6, and IL-10 in lung tissues were determined using enzyme-linked immunosorbent assay. (D) Pathological features in lung fibers were determined by Masson staining. Representative images are at a magnification of 100 \times . (E) Cell apoptosis was determined in the lung tissues using terminal deoxynucleotidyl transferase-mediated digoxigenin-dUTP nick-end labeling staining. Nuclei of apoptotic cells were brown. Representative images are at a magnification of 200 \times . Data are shown as the mean \pm standard error of mean (n=5). *, P<0.05 versus sham group; #, P<0.05 versus CLP group. All operations were done in triplicate.

DEMO differentiate into myofibroblasts, resulting in the deposition
 298 of collagen and fibronectin in the ECM (27). In a previously
 299 published study, it was found that myofibroblasts cause the
 300 deposition of excess ECM (i.e., collagen I and collagen III)
 301 by increasing α -SMA fibronectin and collagen, due to the
 302 activation and differentiation of lung fibroblasts, epithelial
 303 cell death, and fibrosis remodeling (28). Masson staining
 304 revealed the presence of collagen precipitation in CLP-
 305 induced lung tissues. The expression of type I collagen and
 306 type III collagen increased in patients with idiopathic PF (29).
 307 Zhao *et al.* also reported that the expression of vimentin,
 308 α -SMA, Snail, collagen I, and collagen III was upregulated
 309 in bleomycin-induced PF (30). Based on this finding, we
 310 measured the protein levels of lung fibrous markers (α -SMA,
 311 fibronectin, laminin, vimentin, and collagen I). As expected,
 312 the results showed that PTS suppressed the expression
 313 of α -SMA, fibronectin, laminin, vimentin, and collagen I
 314 following CLP-induced fibrosis, consistent with previous
 315 studies (29,30), indicating that PTS inhibits the ECM
 316 accumulation of lung fibroblasts and transforms them into
 317 myofibroblasts, thereby demonstrating an anti-PF role.

318 Lung injury can be caused by endotoxin and other
 319 bacterial toxins. Sepsis is an acute inflammation that increases
 320 the permeability of pulmonary epithelial cells and rapidly
 321 accumulates fluid in the lungs, leading to acute pulmonary
 322 edema with interstitial fibrosis. Tashiro *et al.* found that
 323 bleomycin-induced fibrosis releases inflammatory cells,
 324 including neutrophils, macrophages, and lymphocytes (31).
 325 The activation of neutrophils is intimately connected with
 326 inflammatory mediators (TNF- α , IL-1 β , and IL-6) and
 327 chemokines (IL-8 and MCP-1), which play an important
 328 role in ALI (32). Moreover, macrophages recruit profibrotic
 329 cytokines, such as TNF- α or/and IL-6, to provide a
 330 microenvironment for fibrosis (33); TNF- α and IL-6 reflect
 331 the degree of inflammation of the body. TNF- α , IL-1 β , IL-6,
 332 and nitric oxide are vital pro-inflammatory cytokines, and
 333 the interaction between these cytokines, accompanied
 334 by ampliative cascades, accelerate the progress of sepsis-
 335 induced ALI (34), which alters vascular access permeability,
 336 leading to the formation of pulmonary edema (35). In the
 337 present study, we found that PTS remarkably suppresses
 338 the expression of inflammatory cytokines (TNF- α , IL-6,
 339 and MCP-1) in CLP-stimulated peripheral blood and lung
 340 tissues, suggesting that PTS may play a protective role in
 341 the lungs through inhibiting the inflammatory response.

342 Cell apoptosis in pulmonary tissues is involved in
 343 the development and progression of lung injury during
 344 sepsis (36). The TUNEL results showed that, compared

with the CLP group, the apoptosis rate in the PTS group 345
 decreased, indicating that exogenous PTS could effectively 346
 inhibit pulmonary epithelial cell apoptosis in septic ALI rats. 347
 Bcl-2 and Bax are important apoptotic factors of the Bcl- 348
 2 family; Bcl-2 is an anti-apoptotic protein, whereas Bax is 349
 a pro-apoptotic protein (37). Caspase-3 is a key regulatory 350
 protein in the downstream pathway of apoptosis that triggers 351
 apoptosis and ultimately mediates cellular apoptosis (38). 352
 The results of the present study showed that the expression 353
 of Bax was upregulated and Bcl-2 was downregulated, 354
 which stimulated caspase-3 to induce apoptosis in the lungs. DEMO
 In contrast, PTS reversed the procedure, suggesting that 355
 PTS suppresses the apoptosis of pulmonary epithelial cells 356
 to protect against lung injury. The JAK/STAT pathway is 357
 involved in many biologic processes. Previously published 358
 studies have reported that JAKs are related to cell signaling 359
 and STAT3 kinases are related to cell growth, differentiation, 360
 and apoptosis (39). Severgnini *et al.* found that STAT may 361
 be associated with the development of ALI (40). Han *et al.* 362
 demonstrated that JAK2/STAT3 levels were upregulated in 363
 a severe acute pancreatitis ALI rat model (41). The results 364
 of the present study showed that JAK2 and STAT3 proteins 365
 were mainly not phosphorylated and the expression level 366
 were low in sham group. After CLP induction, the JAK/ 367
 STAT signaling pathway in the lung is activated, which is 368
 manifested by the increased phosphorylation levels of JAK2 369
 and STAT3. PTS significantly inhibited the phosphorylation 370
 levels of JAK2 and STAT3, similar to AG490, of which 371
 inhibited the up-regulation of p-JAK2 and p-STAT3, while 372
 the activation of JAK2/STAT3 signaling pathway in CLP- 373
 induced ALI rats model (41,42). 374
 375
 376

Conclusions

377 Based on the findings of the present study, we suggest that 378
 PTS (25 or 50 mg/kg) effectively ameliorates lung dysfunction 379
 in rats with sepsis-induced ALI, but there is no significant 380
 difference between the two doses, indicating that this use 381
 of better high doses is more suitable for future studies. This 382
 protective mechanism may be through the JAK2/STAT3 383
 pathway, and attenuates PF and inhibits inflammation and 384
 apoptosis. Therefore, PTS could be considered a suitable drug 385
 for ALI treatment. Further studies may be needed to support 386
 the animal findings obtained in the present study. 387
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Acknowledgments

390 The authors thank The First People's Hospital of Xi'an 391

392 Jiaotong University Health Science Center for use of the
393 laboratory.

394

395 Footnote

396 DEMO *Reporting Checklist:* The authors have completed the
397 ARRIVE reporting checklist. Available at [http://dx.doi.](http://dx.doi.org/10.21037/atm-20-5814)
398 [org/10.21037/atm-20-5814](http://dx.doi.org/10.21037/atm-20-5814)

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400 *Data Sharing Statement:* Available at [http://dx.doi.](http://dx.doi.org/10.21037/atm-20-5814)
401 [org/10.21037/atm-20-5814](http://dx.doi.org/10.21037/atm-20-5814)

402

403 *Conflicts of Interest:* Both authors have completed the
404 ICMJE uniform disclosure form (available at [http://dx.doi.](http://dx.doi.org/10.21037/atm-20-5814)
405 [org/10.21037/atm-20-5814](http://dx.doi.org/10.21037/atm-20-5814)). The authors have no conflicts
406 of interest to declare.

407

408 *Ethical Statement:* The authors are accountable for all
409 aspects of the work in ensuring that questions related
410 to the accuracy or integrity of any part of the work are
411 appropriately investigated and resolved. The protocols were
412 approved by the Ethics Committee of The First Affiliated
413 Hospital of Xi'an Jiaotong University, and all animal
414 surgeries were strictly performed in accordance with *Guide*
415 *for the Care and Use of Laboratory Animals*.

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natriuretic peptide ameliorates trauma-induced acute lung
injury via inhibiting JAK/STAT signaling pathway in rats.
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- (English Language Editor: R. Scott)

Cite this article as: Xue H, Li M. Protective effect of pterostilbene on sepsis-induced acute lung injury in a rat model via the JAK2/STAT3 pathway. *Ann Transl Med* 2020;8(21):1452. doi: 10.21037/atm-20-5814