Acute kidney injury after partial nephrectomy: transient or permanent kidney damage?—Impact on long-term renal function

Giuseppe Rosiello, Umberto Capitanio, Alessandro Larcher

Department of Urology and Division of Experimental Oncology, URI, Urological Research Institute, IRCCS San Raffaele Scientific Institute, Milan, Italy

Correspondence to: Giuseppe Rosiello, MD. Department of Urology and Division of Experimental Oncology, URI, Urological Research Institute, IRCCS San Raffaele Scientific Institute, Olgettina 60, Milan 20132, MI, Lombardia, Italy. Email: giusepperosiello@hotmail.it.

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Partial nephrectomy represents the gold standard treatment for cT1 renal masses (1,2). Indeed, several studies demonstrated the superiority of nephron-sparing approach relative to radical approach, with respect to long-term renal function (3,4). Despite the lack of experimental data, multiple observational investigations described important clinical consequences related to such functional benefit. For example, the clinical sequelae of such benefit range from lower cardiovascular morbidity to potential survival benefit (5-7). These observations, together with a stage migration phenomenon towards a less aggressive disease, prompted an increase of partial nephrectomy use over time (8-10).

The preservation of renal function after partial nephrectomy represents one of the most important goal of the surgery and it is invariably regarded as a marker of surgical quality (11,12). However, the core of the relationship between superior renal function following oncologic surgery and the potential lower cardiovascular events and improved survival are not fully elucidated.

Multiple reports demonstrated that worse renal function after surgery impacts morbidity and mortality (13-15). Chawla et al. (15) reviewed the interconnection between acute kidney injuries (AKI), defined according to the RIFLE (risk-injury-failure-loss-end stage) criteria as more than 25% reduction in baseline eGFR (estimated glomerular filtrate rate) or >1.5-fold increase in baseline creatinine, both at discharge from hospital, and chronic kidney disease (CKD), which is invariably associated with poor survival outcomes (16,17). Moreover, several findings suggest that AKI not only is directly linked to the progression of CKD, but the increased severity of AKI, as well as multiple episodes of AKI are associated with the newly onset CKD (15). A systematic review and meta-analysis investigated the association between the duration of AKI and survival in hospitalized patients (18). Specifically, Mehta et al. (18) reported an increased risk of both cardiovascular events and incident CKD according to duration of AKI (≤2, 3–6 and ≥7 days). Moreover, the risk of long-term mortality was higher for longer AKI. Pooled risk ratios reported for long-term mortality according to duration of AKI were 1.42, 1.92 and 2.28 for ≤2, 3–6 and ≥7 days of AKI, respectively. A similar relationship has been shown for cardiovascular events and incident CKD. In light of these findings, it may be postulated that to prevent prolonged AKI is essential in the post-operative management of patients undergoing nephron-sparing surgery, as partial nephrectomy invariably involves kidney manipulation and as such, it implies a detrimental effect on renal function per-se.

Does the occurrence of AKI invariably lead to CKD? The available evidence (19,20) did not demonstrate a direct correlation between severity of AKI and long-term renal function decline. Moreover, the magnitude of the effect of AKI on long-term functional outcomes is unknown, in the context of partial nephrectomy candidates.
In this context, Bravi et al. (21) provided a pivotal contribute for a better understanding of the role of AKI after partial nephrectomy. Investigators relied on a single-institution database and identified 1,893 patients, who underwent partial nephrectomy between 1989 and 2018 for cT1 renal mass. To assess the relationship between AKI and long-term renal function, the Authors identified 3 outcomes of interest: 1. recovery of at least 90% of baseline function 1 year after partial nephrectomy; 2. percentage change of 1-year renal function compared with baseline function; 3. CKD upstaging after surgery.

Their results showed several important observations. First, it is noteworthy that 20% of patients in their cohort experienced AKI after partial nephrectomy. This figure is lower than that recorded in other studies (22,23). For example, Rajan et al. (22) reported up to 40% of patients, who experienced AKI after nephron-sparing surgery. Despite lower proportion of AKI has been reported by Bravi et al. (21) compared with Rajan et al. (22), this observation demonstrate that AKI is a post-operative complication, which can be experienced in a considerably high proportion of patients (from 11% to 40%) (21,22,24). Second, post-operative AKI has been associated with worse functional outcomes at 1-year follow-up. Specifically, patients, who experienced AKI after surgery, demonstrated worse recovery of pre-operative eGFR (30% vs. 61%), higher rates of CKD upstaging (51% vs. 23%) and worse changes of eGFR compared to baseline (−17% vs. −1%), at 1-year follow-up. In light of these findings, two important considerations may be derived. First, these results clarify the link between AKI and renal function detriment after surgery. Second, it is noteworthy that partial nephrectomy has an intrinsic risk of functional harm, as only 61% of patients, who did not experience AKI, recovered more than 90% of baseline renal function after surgery and that 23% of them experienced CKD upstaging. Third, a direct correlation between duration of AKI and all the three outcomes of interest has been shown.

Interestingly, it is particularly impressive that, despite a linear relationship between prolonged AKI and worse functional outcomes (21), the most striking differences depended on the duration of AKI, particularly after the third day of AKI. For instance, −22.4% vs. −11.3% vs. −9.3% of change from baseline eGFR was reported after, respectively, ≥4 vs. 2–3 vs. 1 day of AKI, relative to no AKI. Similarly, the probability of recovering 90% of eGFR at baseline was 8% vs. 30% vs. 40% in case of ≥4 vs. 2–3 vs. 1 days of AKI, respectively. Finally, ≥4 vs. 2–3 vs. 1 day of AKI were associated with 6-fold vs. 3-fold vs. 2-fold higher risk of CKD upstaging, relative to no AKI.

Taken together, these findings not only demonstrate an essential influence of post-operative AKI on long-term renal function, but also highlight the importance of the duration of AKI. Surgeons should take into account that partial nephrectomy has an intrinsic risk of worse renal function after surgery. Moreover, in presence of AKI, a protracted AKI over three days should be avoided, since worse functional outcomes have been reported after this day-threshold. For example, control of fluid resuscitation in volume depletion, avoiding volume overload, targeting a blood glucose level at least below 180 mg/dL (10 mmol/L) for the prevention of hyperglycaemic kidney damage and adequate nutritional support may represent preventative measures aimed at preventing longer AKI (25).

On the view of these findings, it is of note that Martini et al. (26) recently developed a nomogram for the early identification of patients, who are at a high risk of experiencing significant eGFR reduction from their baseline eGFR (27). They found that the presence of AKI in the context of CKD is associated with 4-fold higher risk of significant eGFR reduction, relative to patients with normal renal function. Moreover, the inclusion of AKI in the model conferred an increase in c-index from 75% to 76%. Additionally, the net benefit originating from the use of the model predicting eGFR reduction was significantly higher, when AKI was included among predicting variables. These findings confirm the role that postoperative AKI plays in the prediction of eGFR reduction and support the use of this model for patient counseling.

Several studies discussed potential determinants of AKI after partial nephrectomy. Specifically, Zhang et al. (28) analyzed data of 83 patients with solitary kidney, who underwent nephron-sparing surgery for renal masses, showing that the duration of ischemia was invariably associated with higher risk of AKI (OR: 1.06; P=0.02). This observation is consistent with the results provided by Thompson et al. (29), who demonstrated that warm ischemia longer than 20 mins and cold ischemia longer than 35 mins are associated with higher incidence of AKI (24.4% vs. 6.4% and 32.0% vs. 13.0%, respectively). Similarly, Lane et al. (30) showed that the risk of AKI after partial nephrectomy was increased by 3% per percentage of parenchyma preserved (P<0.001) (31,32), and by 1% per minute increase of ischemia (P<0.06). Finally, Rajan et al. (22) analyzed the role of several variables on the risk of AKI after partial nephrectomy. Interestingly, the Authors found that preoperative hypertension, as well as use of
ACE inhibitors, longer ischemia time and cold ischemia predicted a drop in postoperative eGFR. Moreover, Rajan et al. (22) also demonstrated that the use of robotic approach, compared to either open or laparoscopic approaches, is associated with a lower decrease of postoperative eGFR (33). These findings are also confirmed by Larcher et al. (34), who demonstrated that, compared to open surgery, robot-assisted partial nephrectomy is associated with similar functional outcomes regardless of tumor complexity and patient comorbidities.

In conclusion, the presence of AKI after partial nephrectomy should not be underestimated, since this relatively common complication affects long-term renal function and, consequently, morbidity and mortality of partial nephrectomy candidates. Worse renal function after surgery may result in faster long-term renal function deterioration until the onset of CKD, as well as in CKD upstaging, which has been associated with higher rate of cardiovascular events and thus, higher mortality (6,7). In this context, the results provided by Bravi et al. (21) afforded a key contribute to current literature, demonstrating that AKI not only is an important predictor of renal function recovery over time, but they also demonstrated a linear correlation between duration of AKI and worsening of function after partial nephrectomy. Many efforts should be made to prevent AKI, especially in patients at high risk of developing this complication. Additionally, in presence of AKI, preventative measures aimed at reducing its extension over 3 days should be adopted, since faster worsening of renal function has been demonstrated after this “day-threshold”.

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Footnote

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