



# Achyranthes bidentata polypeptide k suppresses neuroinflammation in BV2 microglia through Nrf2-dependent mechanism

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**Background:** Activated microglia play a critical role in regulating neuroinflammatory responses in central nervous system. Previous studies have shown that *Achyranthes bidentata* polypeptide k's (ABPPk's) neuroprotective effects are partly due to its anti-inflammatory effect, but the mechanism remains unknown. This study is aimed to investigate the anti-inflammatory effect of ABPPk on lipopolysaccharide (LPS)-activated neuroinflammation in BV2 microglia.

**Methods:** We pretreated BV2 microglia with different concentrations of ABPPk (0.04–5 µg/mL) for 30 minutes, and then stimulated microglia with LPS for 24 hours. Pro-inflammatory mediators including tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-6 (IL-6), nitric oxide (NO) and prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) production were measured by enzyme-linked immunosorbent assay (ELISA) kits. Inducible nitric oxide synthase (iNOS), cyclooxygenase-2 (COX-2), phosphorylated nuclear factor kappa B (NF- $\kappa$ B), heme oxygenase-1 (HO-1) and nuclear factor erythroid 2-related factor 2 (Nrf2) expression levels were detected by western blot. Glutathione (GSH) level was measured by GSH-Glo™ Glutathione assay. Immunofluorescent staining was used to detect the nuclear translocation of NF- $\kappa$ B and Nrf2. BV2 microglia transfected with Nrf2 siRNA were used to investigate the effect of Nrf2 on the anti-inflammatory activity of ABPPk.

**Results:** ABPPk (0.2–5 µg/mL) reduced the iNOS mediated NO and COX-2 mediated PGE<sub>2</sub> production significantly in LPS-activated BV2 microglia. ABPPk (1 and 5 µg/mL) also suppressed the production of TNF- $\alpha$  and IL-6 significantly. NF- $\kappa$ B is phosphorylated and translocated into nuclear in LPS-activated BV2 microglia, but ABPPk is shown to inhibit the phosphorylation and translocation of NF- $\kappa$ B in a concentration-dependent way. ABPPk increased the protein expression levels of HO-1 and Nrf2, as well as the GSH content in BV2 microglia. Immunofluorescent staining showed that ABPPk also promoted nuclear translocation of Nrf2. After knocking down Nrf2 in BV2 cells with siRNA interference, ABPPk's inhibitory effect on pro-inflammatory mediators also disappeared.

**Conclusions:** The present study suggests that ABPPk inhibits neuroinflammation in BV2 microglia through Nrf2-dependent mechanism. This provides some strong evidence for the potential of this neuroprotective natural compound to treat neurodegenerative diseases such as ischemic stroke and Parkinson's disease.

**Keywords:** *Achyranthes bidentata* polypeptide; lipopolysaccharide (LPS); nuclear factor kappa B (NF- $\kappa$ B); nuclear factor erythroid 2-related factor 2 (Nrf2); microglia

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## Introduction

Microglia play an important role in immune defense and tissue repair of central nervous system (1). Under normal conditions, microglial cells are in a static state, participating in the maintenance of homeostasis in the brain. Factors such as brain damage, infection or harmful toxins activate microglia, causing neuroinflammation (2). Neuroinflammation can be good or bad for neurons in nearby areas, like a double-edged sword in the brain (3). The functional phenotypes of microglia largely determine the pros and cons of neuroinflammation, mainly the pro-inflammatory M1-type and the anti-inflammatory M2-type (4,5). M1-type microglia mediate inflammation by releasing pro-inflammatory mediators like tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ), IL-6, nitric oxide (NO), and reactive oxygen series (ROS), etc., while M2-type microglia inhibit inflammation mainly by producing anti-inflammatory factors, such as IL-4, IL-10, transformation growth factor  $\beta$  (TGF- $\beta$ ) (6-9). Some studies suggest that the activation of nuclear factor erythroid 2-related factor 2 (Nrf2) is involved in the anti-inflammatory effect of the M2-type microglia (10,11). Nrf2 is a key factor of brain endogenous defense system, which can be produced by microglial cells in response to oxidative stress (12,13). Studies showed that activation of Nrf2 and its downstream heme oxygenase-1 (HO-1) could suppress lipopolysaccharide (LPS)-induced neuroinflammation both *in vivo* and *in vitro* (14-16). A large body of evidence demonstrate that nuclear factor kappa B (NF- $\kappa$ B) also plays a key role in the process of releasing inflammatory mediators in the activated M1-type microglia, which is thought to be the main regulator of the M1 phenotype (17-20). From this perspective, to regulate the function of microglial cells by targeting Nrf2 and/or NF- $\kappa$ B with active compounds may help to prevent inflammation-mediated neurotoxicity.

*Achyranthes bidentata* Bl. (*A. bidentata*) is a traditional herbal medicine, which has been used in China for thousands of years, mainly for strengthening muscles and bones. *A. bidentata* polypeptide (ABPP) is one of the active ingredients extracted from *A. bidentata*, our previous studies demonstrated that ABPP could promote nerve regeneration and protect ischemic brain injury (21-23). *Achyranthes bidentata* polypeptide k (ABPPk) was the excellent neuroprotective component isolated from ABPP by high performance liquid chromatography (HPLC), and it was demonstrated that ABPPk could be beneficial to

ischemic stroke and Parkinson's disease of rats (24-26).

Previously, we have reported that ABPPk could reduce NO production, inhibit NF- $\kappa$ B activation, and suppress the infiltration of polymorphonuclear neutrophils after ischemic stroke in rats, implying that ABPPk could potentially prevent the neuroinflammation after ischemia (25). However, whether the signaling pathways involved in the neuroinflammation can be interfered by ABPPk is still unknown. Therefore, in this study, we investigate the effect of ABPPk in LPS-induced BV2 microglia inflammatory response, and further explore whether Nrf2 plays a key role in the anti-inflammatory effect of ABPPk. The study will provide clear evidence for anti-neuroinflammation of ABPPk in the use of neuroprotection.

## Methods

### Materials

LPS (*Escherichia coli* O111:B4) was purchased from Sigma (St. Louis, MO, USA). Cell counting kit-8 was purchased from Dojindo (Kumamoto, Japan). Enzyme-linked immunosorbent assay (ELISA) kits for TNF- $\alpha$ , IL-6 and prostaglandin E2 (PGE2) were purchased from Novus biological (Littleton, CO, USA), Bosterbio (Pleasanton, CA, USA) and R&D Systems (Minneapolis, MN, USA), respectively. Griess reagent and glutathione (GSH)-Glo™ Glutathione assay kit were obtained from Promega (Madison, WI, USA). Specific primary antibodies for inducible nitric oxide synthase (iNOS), cyclooxygenase-2 (COX-2), p-NF- $\kappa$ B (p65), HO-1, Nrf2,  $\beta$ -actin and Lamin B were all purchased from Abcam (San Francisco, CA, USA). Protein extraction kit, nuclear extraction kit, bicinchoninic acid assay (BCA) protein assay kit and enhanced chemiluminescence (ECL) Western Blotting Substrate were all obtained from Thermo Fisher Scientific (Waltham, MA, USA). BV2 microglia were purchased from the Institute of Basic Medical Sciences of the China Science Academy. *Nrf2* siRNA, control siRNA, siRNA transfection reagent and siRNA transfection medium were all obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). ABPPk was isolated and purified as described previously (24,27).

### BV2 microglia culture

BV2 microglia were cultured in Dulbecco's Modified Eagle Medium (Gibco, Carlsbad, CA, USA) supplemented with

10% fetal bovine serum (Gibco, Carlsbad, CA, USA), 100 U/mL penicillin and 100 µg/mL streptomycin (Gibco, Carlsbad, CA, USA) in a 5% CO<sub>2</sub> incubator at 37 °C. Cells were cultured in 75 cm<sup>2</sup> filter-capped flasks and passaged every two days. After confluence, cells were digested with 0.25% trypsin-EDTA and then planted in different culture plates or dishes according to the required density.

#### **Cell viability assay**

BV2 microglia were planted at the density of 2×10<sup>5</sup> cells/mL in 96-well culture plates. Twenty-four hours later, cells were pretreated with different concentrations of ABPPk (0.008, 0.04, 0.2, 1 and 5 µg/mL) for 30 min, followed by LPS stimulation (1 µg/mL) for 24 h. Then 10 µL CCK-8 was added to each well and incubated at 37 °C water bath in dark for 2 h. Absorbance was determined at the wavelength of 450 nm by using enzyme-linked immunodetector, which indirectly reflected the cell viability.

#### **Nitrite measurement**

BV2 microglia were planted in a 6-well plate at a density of 2×10<sup>5</sup> cells/mL. Twenty-four hours later, cells were pretreated with ABPPk for 30 min and followed by LPS stimulation for 24 h. The supernatants of culture were collected and centrifuged for measuring NO production by Griess reagent assay kit according to manufacturer's instructions.

#### **Measurement of TNF-α, IL-6 and PGE<sub>2</sub> production**

BV2 microglia were planted in a 6-well plate at a density of 2×10<sup>5</sup> cells/mL. Twenty-four hours later, cells were treated with ABPPk for 30 min prior to stimulation with LPS. After 24 h, the supernatants of culture were collected and centrifuged. Concentrations of TNF-α, IL-6 and PGE<sub>2</sub> were measured with their respective ELISA kits according to the manufacturer's instructions.

#### **GSH-Glo™ glutathione assay**

BV2 microglia were planted in a 96-well plate at a density of 2×10<sup>5</sup> cells/mL. After 24 h, cells were treated with ABPPk and incubate for the following 24 h. At the end of experiment, levels of GSH for each group were measured by using GSH-Glo™ Glutathione assay kit according to the manufacturer's instructions. Luminescence was then read with luminometer.

#### **Immunofluorescence**

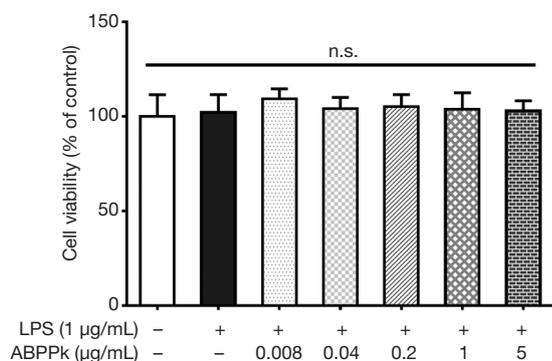
Following treatments, BV2 microglia on coverslips were fixed with 4% paraformaldehyde (PFA) for 20 min at room temperature and later washed three times for 5 min with phosphate buffered saline (PBS). After permeabilization and blocking with PBS containing 5% bovine serum albumin (BSA) and 0.1% Triton X-100, coverslips were incubated overnight with the primary p-NF-κB (p65) antibody (2.5 µg/mL) and Nrf2 antibody (5 µg/mL) at 4 °C, then with the secondary antibody for 2 h at room temperature after washing with PBS. Then, coverslips were incubated for 5 min with 50 nM DAPI (Invitrogen, Carlsbad, CA, USA) for nuclei staining, and mounted on microscope slides with glycerol mounting medium (Dako, Bucks, UK) for photographing under fluorescent microscope. Representative fluorescence images were obtained using Axio Imager M2 fluorescence microscope (Zeiss, German).

#### **Western blot**

Cell lysates and nuclear lysates of BV2 microglia were extracted using extraction kits according to the manufacturer's instructions, respectively. Protein concentrations were determined by Pierce™ BCA protein assay kit. Proteins were electrophoresed on 10% SDS-polyacrylamide gel and transferred onto a PVDF membrane (Millipore, Bedford, MA, USA). The membranes were blocked in 5% non-fat milk for 1 h at room temperature and incubated with the specific primary antibodies (iNOS, 1:1,000; COX-2, 1:1,000; p-NF-κB (p65), 1:1,000; HO-1, 1:1,000; Nrf2, 1:1,000; β-actin, 1:3,000; Lamin B, 1:1,000) overnight at 4 °C. The membranes were incubated with HRP-conjugated secondary antibody for 1 h at room temperature. The proteins were then detected with ECL Western Blotting Substrate. Quantitative analysis of Western blot was performed by ImageJ software (NIH Image, Washington, DC, USA).

#### **Nrf2 siRNA transfection**

BV2 microglia were planted in 6-well culture plates at a certain density and cultured in a 5% CO<sub>2</sub> incubator at 37 °C. After the cells were confluent to over 80%, they were transfected with Nrf2 siRNA or control siRNA using siRNA transfection reagent according to the instructions with some modification. In brief, for each well, the cells were washed twice with anti-biotic and serum



**Figure 1** Effects of ABPPk on cell viability. The data are expressed as mean  $\pm$  SD (n=10). -, non-treated; +, treated. ABPPk, *Achyranthes bidentata* polypeptide k; SD, standard deviation; n.s., no significance; LPS, lipopolysaccharide.

free siRNA transfection medium, and then the culture medium was replaced with 0.8 mL siRNA transfection medium before transfection. Four  $\mu$ L of siRNA duplex and 4  $\mu$ L of siRNA transfection reagent were diluted with 96  $\mu$ L of siRNA transfection medium in two separate Eppendorf tubes, respectively. Then mix the two dilute solutions very gently and incubate the mixture at room temperature for 30 min. Then the mixture was added into cell culture medium. Cells were incubated for 6 h at 37 °C in a 5% CO<sub>2</sub> incubator. After that, culture medium was changed to complete medium and incubated for another 24 h. Transfection efficiency was determined by western blot for expression level of Nrf2 protein.

### Statistical analysis

Data in this study were represented as mean  $\pm$  standard deviation (SD) of three independent experiments and compared using one-way analysis of variance (ANOVA) followed by a post hoc Student Newman-Keuls test (multiple comparisons). The GraphPad Prism 6 software package (GraphPad Software, San Diego, CA, USA) was used for statistical analysis.  $P < 0.05$  was considered as significant difference.

## Results

### ABPPk does not affect the viability of BV2 microglia

Cell counting kit-8 was used to investigate the effect of ABPPk on BV2 cell viability. As shown in *Figure 1*, ABPPk had no effect on cell viability in the range from 0.008 to

5  $\mu$ g/mL. Therefore, 0.04, 0.2, 1 and 5  $\mu$ g/mL of ABPPk were used in the following experiments.

### ABPPk reduces NO and PGE<sub>2</sub> production in LPS-activated BV2 microglia

LPS stimulation resulted in a significant increase in NO production in BV2 microglia compared with untreated control cells. Pretreatment with ABPPk (0.04–5  $\mu$ g/mL) for 30 min reduced NO production significantly in a concentration-dependent manner ( $P < 0.01$ ) (*Figure 2A*). Western blot analysis showed that pretreatment with 0.2–5  $\mu$ g/mL of ABPPk reduced expression level of iNOS protein after LPS stimulation significantly ( $P < 0.05$ ) (*Figure 2B*), suggesting that ABPPk could reduce iNOS-mediated NO production in LPS-activated microglia.

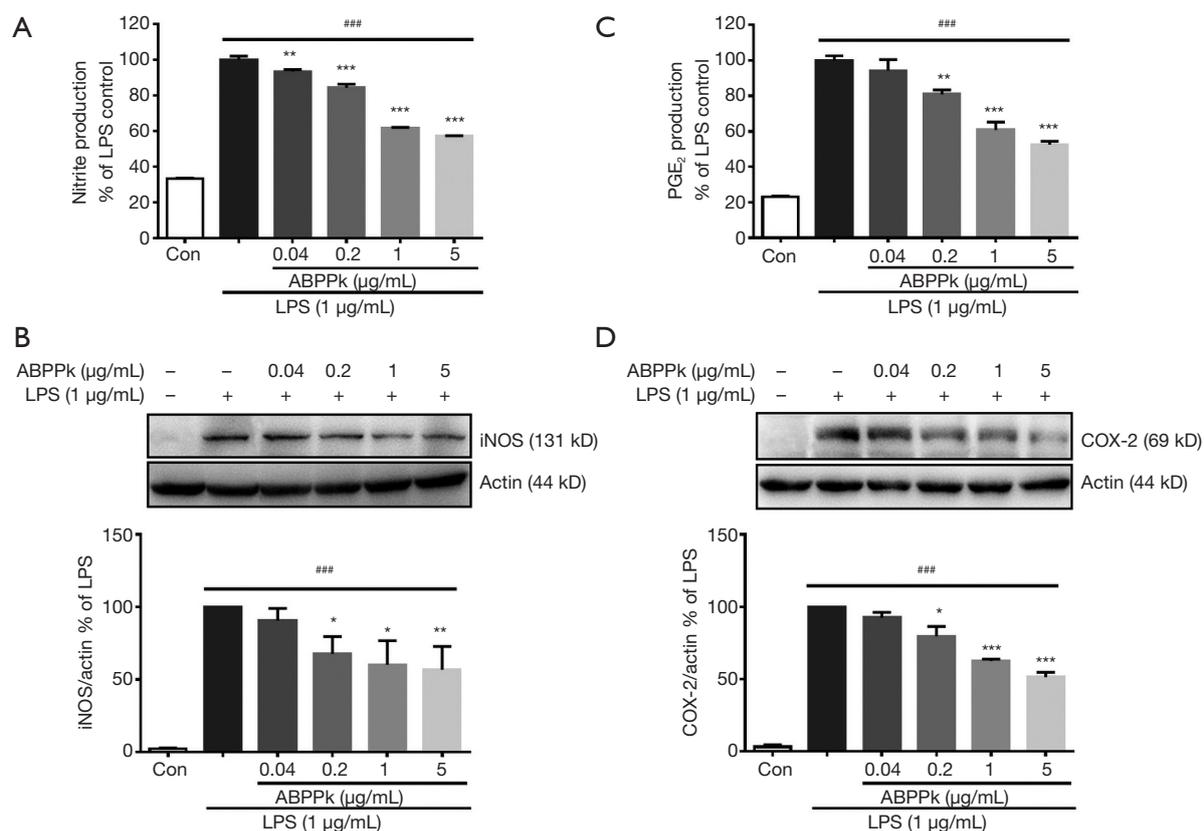
LPS stimulation also led to a significant increase of PGE<sub>2</sub> production in BV2 microglia compared to untreated control cells (*Figure 2C*). However, pretreated with 0.2–5  $\mu$ g/mL ABPPk suppressed the production of PGE<sub>2</sub> significantly ( $P < 0.01$ ). Based on this, we further detected the expression level of COX-2 protein in LPS stimulated BV2 microglia with or without ABPPk pretreatment. As shown in *Figure 2D*, LPS stimulation resulted in a remarkable increase in COX-2 protein expression. However, pretreatment with 0.2 to 5  $\mu$ g/mL of ABPPk produced an obvious inhibitory effect on LPS-induced COX-2 protein expression ( $P < 0.05$ ). These results suggested that ABPPk could inhibit the increase of COX-2-mediated PGE<sub>2</sub> in LPS-activated microglia.

### ABPPk reduces TNF- $\alpha$ and IL-6 production in LPS-activated BV2 microglia

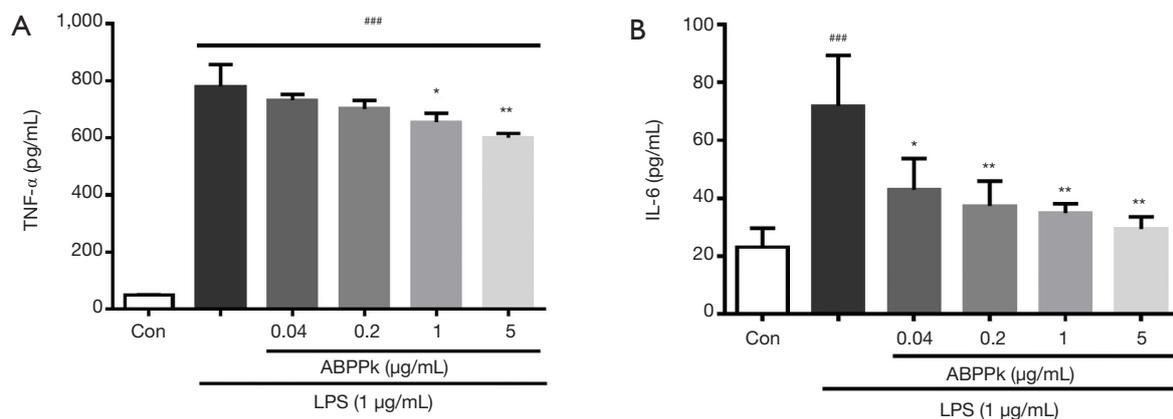
After LPS stimulation, the concentration of TNF- $\alpha$  secreted into the supernatant of culture medium increased significantly (*Figure 3A*). However, pretreatment with 1 and 5  $\mu$ g/mL of ABPPk led to a significant reduction of TNF- $\alpha$  concentration in the LPS-stimulated cells ( $P < 0.05$ ). We also examined the effect of ABPPk on IL-6 levels in LPS-activated microglia. The results showed that LPS stimulation caused the increase of IL-6 concentration produced by activated microglia, while ABPPk pretreatment significantly reduced the increase of IL-6 concentration (*Figure 3B*).

### ABPPk inhibits activation of NF- $\kappa$ B in LPS-activated BV2 microglia

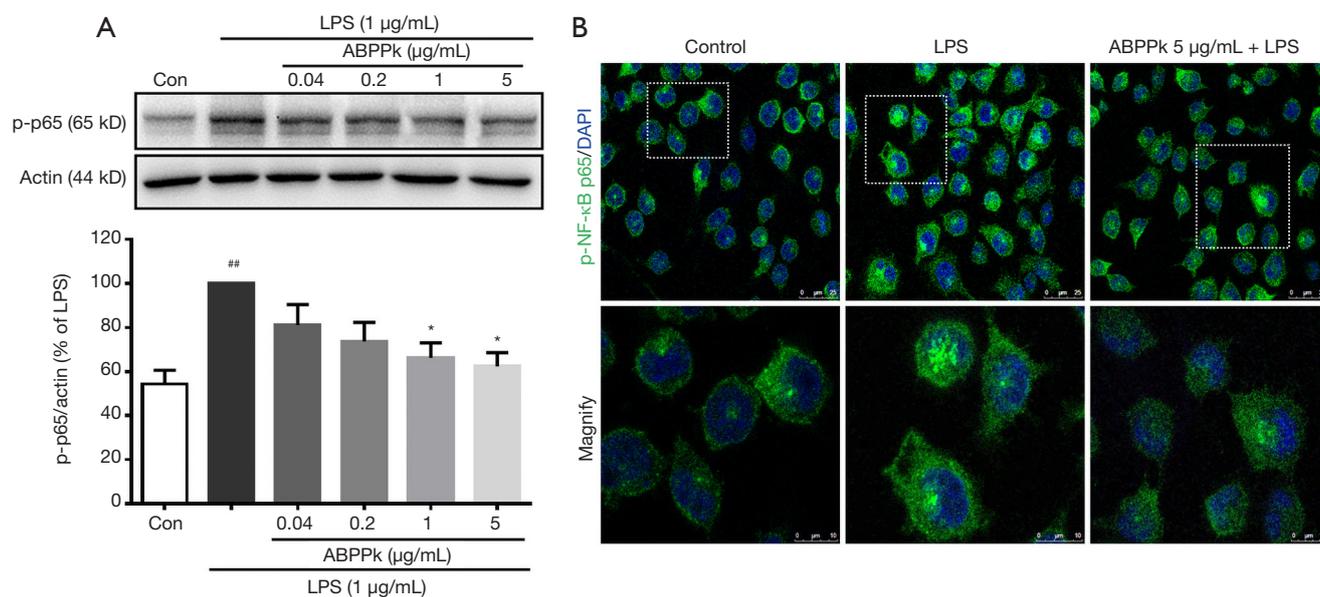
As an important transcription factor, the activation of the



**Figure 2** Effects of ABPPk on iNOS-mediated NO production and COX-2 related PGE<sub>2</sub> expression. (A) Nitrite production. The data are expressed as mean ± SD (n=3); (B) iNOS protein expression level. The data are expressed as mean ± SD (n=3); (C) PGE<sub>2</sub> production. The data are expressed as mean ± SD (n=3); (D) COX-2 protein expression level. The data are expressed as mean ± SD (n=3). ###, P<0.001 vs. control; \*, P<0.05, \*\*, P<0.01, \*\*\*, P<0.001 vs. LPS; -, non-treated; +, treated. ABPPk, Achyrantes bidentata polypeptide k; iNOS, inducible nitric oxide synthase; NO, nitric oxide; COX-2, cyclooxygenase-2; PGE<sub>2</sub>, prostaglandin E<sub>2</sub>; SD, standard deviation; LPS, lipopolysaccharide.



**Figure 3** Effects of ABPPk on the production of pro-inflammatory cytokines. (A) TNF-α; (B) IL-6. The data are expressed as mean ± SD (n=3). ###, P<0.001 vs. control; \*, P<0.05, \*\*, P<0.01 vs. LPS. ABPPk, Achyrantes bidentata polypeptide k; SD, standard deviation; TNF-α, tumor necrosis factor-α; IL-6, interleukin-6; LPS, lipopolysaccharide.



**Figure 4** Effects of ABPPk on NF-κB activation and nuclear translocation in LPS-activated BV2 microglia. (A) Image of Western blot and histogram showing the expression level of phosphorylated NF-κB. The data are expressed as mean  $\pm$  SD (n=3). ##, P<0.01 vs. control; \*, P<0.05 vs. LPS; (B) representative images of immunofluorescent staining for p-NF-κB (p65). Scale bar for the upper line, 25  $\mu$ m; scale bar for the below line, 10  $\mu$ m. ABPPk, *Achyranthes bidentata* polypeptide k; NF-κB, nuclear factor kappa B; LPS, lipopolysaccharide; SD, standard deviation.

NF-κB initiates and regulates the expression of several inflammatory processes during inflammation which are attributed to the pathology of neurodegenerative diseases (28). Our previous study showed that ABPPk could suppress the activation of NF-κB in the ischemic brain of rats (25). Here we investigated whether ABPPk could inhibit the activation of NF-κB in LPS-activated microglial. As shown in *Figure 4A*, LPS stimulation significantly increased the activation of NF-κB compared with untreated control cells. However, preconditioning with ABPPk reduced the activation of NF-κB induced by LPS, and the effect was concentration-dependent. Immunofluorescence results also showed that ABPPk reduces the translocation to nucleus of NF-κB (*Figure 4B*).

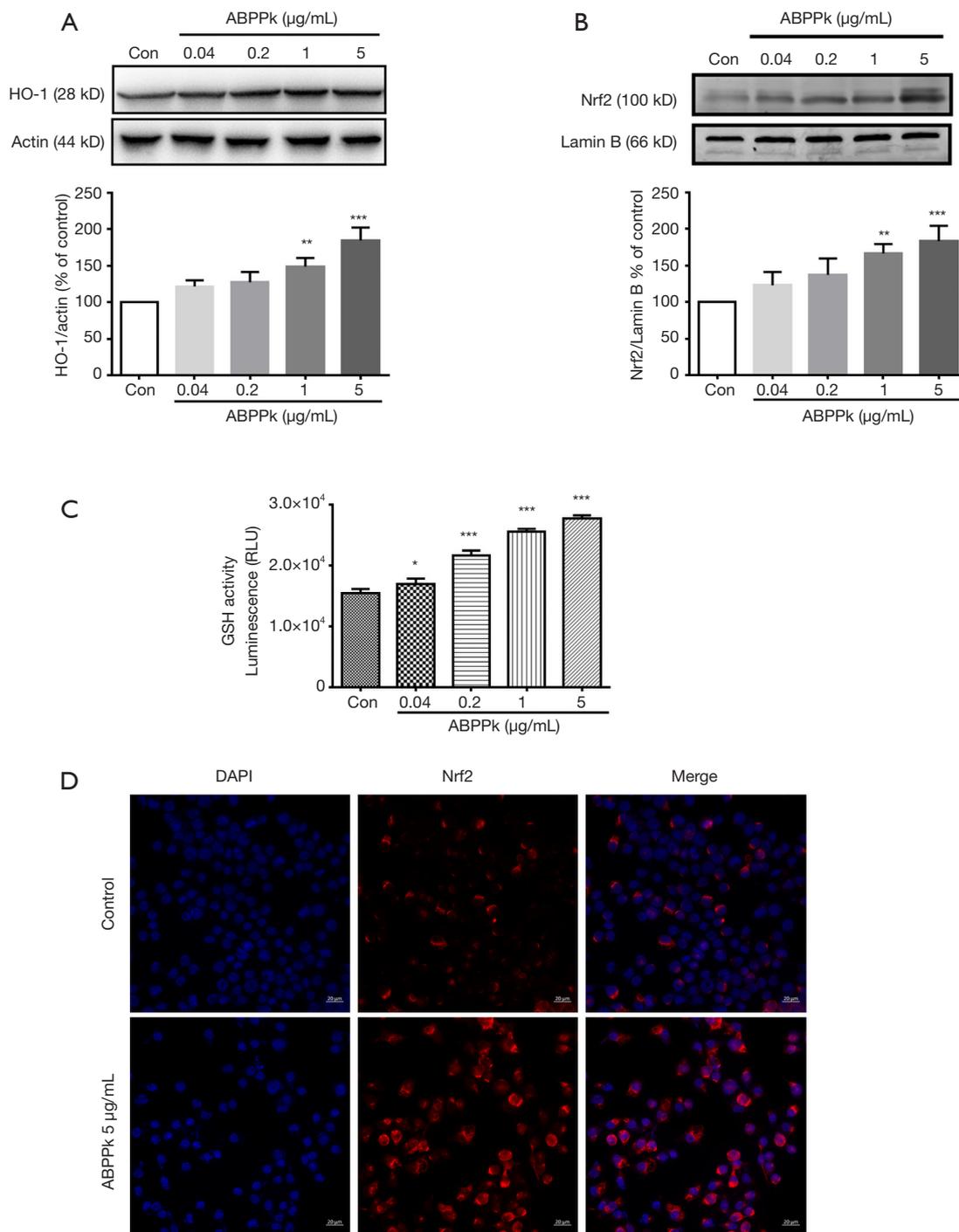
#### ***ABPPk up-regulates HO-1 and Nrf2 protein expression in BV2 microglia***

Some studies have shown that the Nrf2/HO-1 signaling pathway is involved in NF-κB activation and production of inflammatory mediators (29,30). In this study, we also explored whether Nrf2/HO-1 antioxidant pathway was involved in the anti-inflammatory effect of ABPPk. Western blot results showed that treatment with 0.04 and 0.2  $\mu$ g/mL

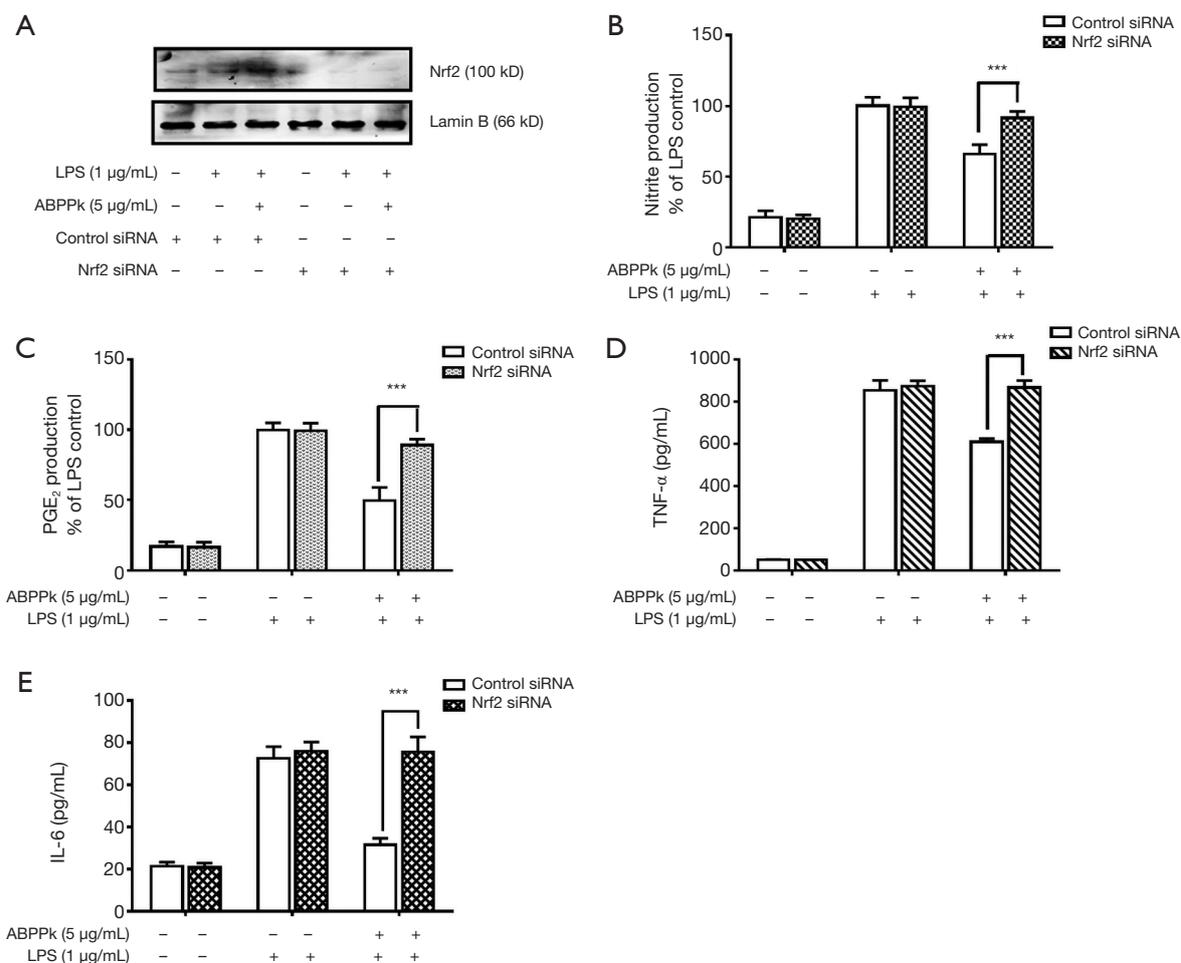
ABPPk had no significant effects on HO-1 and Nrf2 expression levels in BV2 microglia. However, on increasing the concentration of ABPPk to 1  $\mu$ g/mL, there were significant and concentration dependent up-regulations in HO-1 and Nrf2 protein levels (*Figure 5A,B*). The concentration-dependent increase of GSH levels in BV2 microglia after ABPPk treatment was also confirmed by GSH-Glo™ Glutathione Assay (*Figure 5C*). Based on the above results, we further used immunofluorescent staining to detect whether ABPPk could promote Nrf2 translocation to the nucleus. Staining results showed that Nrf2 expression was significantly increased in ABPPk treated microglia (*Figure 5D*). The result was consistent with the results of western blot.

#### ***ABPPk exerts anti-inflammatory effect through activating Nrf2***

In order to determine whether Nrf2 is involved in the anti-inflammatory mechanism of ABPPk, *Nrf2* was knockdown in BV2 microglia by siRNA. As shown in *Figure 6A*, Western blot result showed that the *Nrf2* siRNA successfully interfered with the expression of Nrf2 in BV2 microglia. Furthermore, we stimulated the Nrf2-



**Figure 5** Effects of ABPPk on HO-1 and Nrf2 proteins in BV2 microglia. (A) Image of Western blot and histogram showing the expression level of HO-1. The data are expressed as mean  $\pm$  SD (n=3); (B) image of Western blot and histogram showing the expression level of Nrf2. The data are expressed as mean  $\pm$  SD (n=3); (C) GSH level. The data are expressed as mean  $\pm$  SD (n=3); (D) representative images of immunofluorescent staining for Nrf2. Scale bar, 20  $\mu$ m. \*,  $P < 0.05$ , \*\*,  $P < 0.01$ , \*\*\*,  $P < 0.001$  vs. control. ABPPk, *Achyranthes bidentata* polypeptide k; HO-1, heme oxygenase-1; Nrf2, nuclear factor erythroid 2-related factor 2; SD, standard deviation; GSH, glutathione.



**Figure 6** Effects of ABPPk on anti-inflammation through Nrf2 activation. (A) Image of Western blot to confirm the inhibition of siRNA on Nrf2 expression; (B,C,D,E) knockdown of Nrf2 eliminates the anti-inflammatory effect of ABPPk; (B) nitrite production; (C) PGE<sub>2</sub> production; (D) TNF-α; (E) IL-6. The data are expressed as mean ± SD (n=3). \*\*\*, P<0.001 vs. LPS. -, non-treated; +, treated. ABPPk, *Achyranthes bidentata* polypeptide k; Nrf2, nuclear factor erythroid 2-related factor 2; PGE<sub>2</sub>, prostaglandin E<sub>2</sub>; TNF-α, tumor necrosis factor-α; IL-6, interleukin-6; SD, standard deviation; LPS, lipopolysaccharide.

knockdown BV2 microglia by LPS, and measured the levels of NO, PGE<sub>2</sub>, TNF-α and IL-6 produced by the cells with or without ABPPk pretreatment. The results showed that in *Nrf2*-knockdown BV2 microglia, 5 µg/mL of ABPPk pretreatment did not reduce the production of NO, PGE<sub>2</sub>, TNF-α and IL-6, in other words, the inhibitory effect of ABPPk on NO, PGE<sub>2</sub>, TNFα, and IL-6 production seemed to be reversed by *Nrf2* knockdown (Figure 6B,C,D,E).

## Discussion

This present study demonstrated that ABPPk can exert anti-inflammatory effect by inhibiting NF-κB and activating

Nrf2 signaling pathways of BV2 microglia. In LPS-induced neuroinflammatory response, ABPPk can reduce the production of inflammatory mediators through Nrf2 dependent mechanism.

Activation of microglia plays crucial roles in neuroinflammation in the central nervous system (2). LPS is a component of the outer wall of Gram-negative bacteria cell wall, which is composed of lipids and polysaccharides (glycolipids). As an endotoxin, LPS can activate the toll-like receptor 4 (TLR4) on the membrane of microglia (31,32). TLRs are important in transducing extracellular signals into intracellular cascade molecular and triggering the inflammatory responses (33,34). In neuroinflammation-

related injuries, TLR4/NF- $\kappa$ B signaling pathway can accelerate the progress of inflammation (35,36). Besides NF- $\kappa$ B, other signaling pathways such as downstream IL-1 receptor kinase (IRAK) (37), tumor necrosis factor receptor-related factor 6 (TRAF-6) (38,39) and MAPK are all involved in promoting the secretion of various pro-inflammatory mediators (40-44).

Previously we have shown that ABPPk can inhibit the activation of NF- $\kappa$ B in the brain after ischemia (25). The activated p-NF- $\kappa$ B (p65) subunit translocated from cytoplasm to nucleus and triggered the expression of downstream proteins, including iNOS, COX-2, and IL-6, etc. (45,46). In this study, ABPPk reduced the production of NO and PGE<sub>2</sub> in LPS-activated BV2 microglia (see *Figures 2,3*). Further experiments showed that ABPPk could reduce the increased iNOS and COX-2 expression levels induced by LPS stimulation, indicating that the inhibitory effect of ABPPk on NO and PGE<sub>2</sub> production may probably be related to its capability of inhibiting iNOS and COX-2 expression. ABPPk also reduced TNF- $\alpha$  and IL-6 production in LPS-activated BV2 microglia (*Figure 3*). The activated p-NF- $\kappa$ B (p65) was highly expressed in the nucleus of BV2 microglia after LPS stimulation, whereas ABPPk inhibited the phosphorylation and translocation of p65 (see *Figure 4*). These results suggest that ABPPk reduces pro-inflammatory mediators' production by inhibiting the phosphorylation and translocation to the nuclear of p-NF- $\kappa$ B (p65) subunit.

The regulation of microglial polarization from pro-inflammatory M1-type to anti-inflammatory M2-type appears as an outstanding therapeutic approach for neurodegenerative diseases (7). There are plenty of studies show that some compounds that inhibit the activation of NF- $\kappa$ B can also activate Nrf2 (47,48). The antioxidant transcription factor Nrf2 is a key regulator in resistant to peroxidation damage and inflammation (11,49). Nrf2 can activate its downstream antioxidant protein HO-1, thus inhibiting NADPH oxidase, reducing the release of ROS in microglial cells, thereby attenuating oxidative stress and its mediated neuronal loss (50). Because of the advantages of multi-target and low toxicity, natural products as the modulators of microglial phenotypes have attracted considerable concerns in the therapy of neurodegenerative diseases (51). Many natural compounds have been shown to have anti-inflammatory effects through activating Nrf2 and/or inhibiting NF- $\kappa$ B signaling pathways. For example, Sinomenine can inhibit inflammatory response by acting on Nrf2/HO-1 and NF- $\kappa$ B signaling

pathways (52). Hesperetin can attenuate LPS-induced neuroinflammation by regulating TLR4/NF- $\kappa$ B signaling pathway (48). Icariin can inhibit microglia-mediated neuroinflammation by targeting Nrf2 signaling (13). Our previous studies have confirmed that ABPPk has a potent neuroprotective effect and shows some anti-inflammatory effects. We are interested to see if ABPPk can also exert its anti-inflammatory effects by regulating NF- $\kappa$ B and/or Nrf2. Based on the inhibition of ABPPk on the production of anti-inflammatory factors in LPS-activated BV2 microglia, we examined the effect of ABPPk on Nrf2/HO-1 expression level in BV2 microglia (see *Figure 5A,B*). The results implied that ABPPk increases the expression levels of Nrf2/HO-1 in BV2 microglia. Not only that, measurement of endogenous levels of GSH also showed that ABPPk increases the level of GSH in BV2 microglia as shown in *Figure 5C*. Once activation, Nrf2 translocates to the nucleus and bind to the antioxidant response elements to induce the expression of anti-oxidant related genes (53,54). Further immunofluorescent staining showed that ABPPk enhanced the nuclear translocation of Nrf2 as shown in *Figure 5D*. The above results show that ABPPk can enhance the expression and transcriptional activity of Nrf2, suggesting that ABPPk may also play an anti-inflammatory role through Nrf2.

In order to elucidate the direct relationship between anti-inflammatory effect of ABPPk and activation of Nrf2, we transfected BV2 cells with mouse *Nrf2* siRNA to investigate whether ABPPk still had anti-inflammatory effect on BV2 cells with *Nrf2* gene knocked down. Western blot confirmed the success of *Nrf2* knockdown. No matter adding LPS stimulation or ABPPk treatment, the interfered BV2 microglia had almost no Nrf2 protein expression (see *Figure 6A*). Then we used ABPPk to treat the interfered BV2 microglia, and LPS stimulation was applied to both the interfered and non-interfered cells, and the supernatant was collected separately to detect the content of pro-inflammatory factors. The results showed that the content of pro-inflammatory factors produced by the *Nrf2* knocked down BV2 microglia was almost the same as that of the LPS stimulation group. It seemed that *Nrf2* knockout eliminated the inhibitory effects of ABPPk on the production of pro-inflammatory mediators in LPS-activated microglia as shown in *Figure 6B,C,D,E*. This result confirms our hypothesis that Nrf2 is indeed a key signaling molecule for ABPPk to play an anti-inflammatory role. In future studies, we may conduct more studies on the neuroprotective mechanisms of ABPPk and Nrf2.

## Conclusions

This study demonstrated the anti-inflammatory effect of ABPPk on LPS-stimulated microglia inflammation, which may contribute to ABPPk's neuroprotective effect. Further evidence suggests that the anti-inflammatory effect of ABPPk is mediated by the activation of Nrf2, providing a new target for the development of ABPPk as a neuroprotective agent with clear mechanisms.

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## Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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